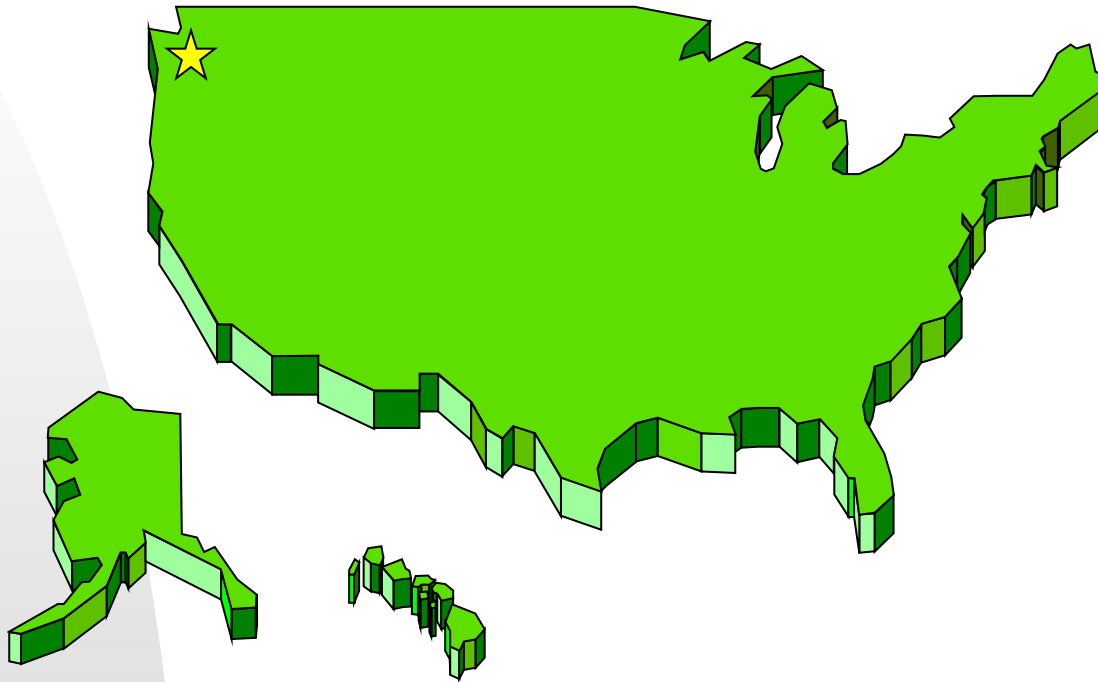




Kitsap County Aging & Long-Term Care

Your Local Area Agency on Aging

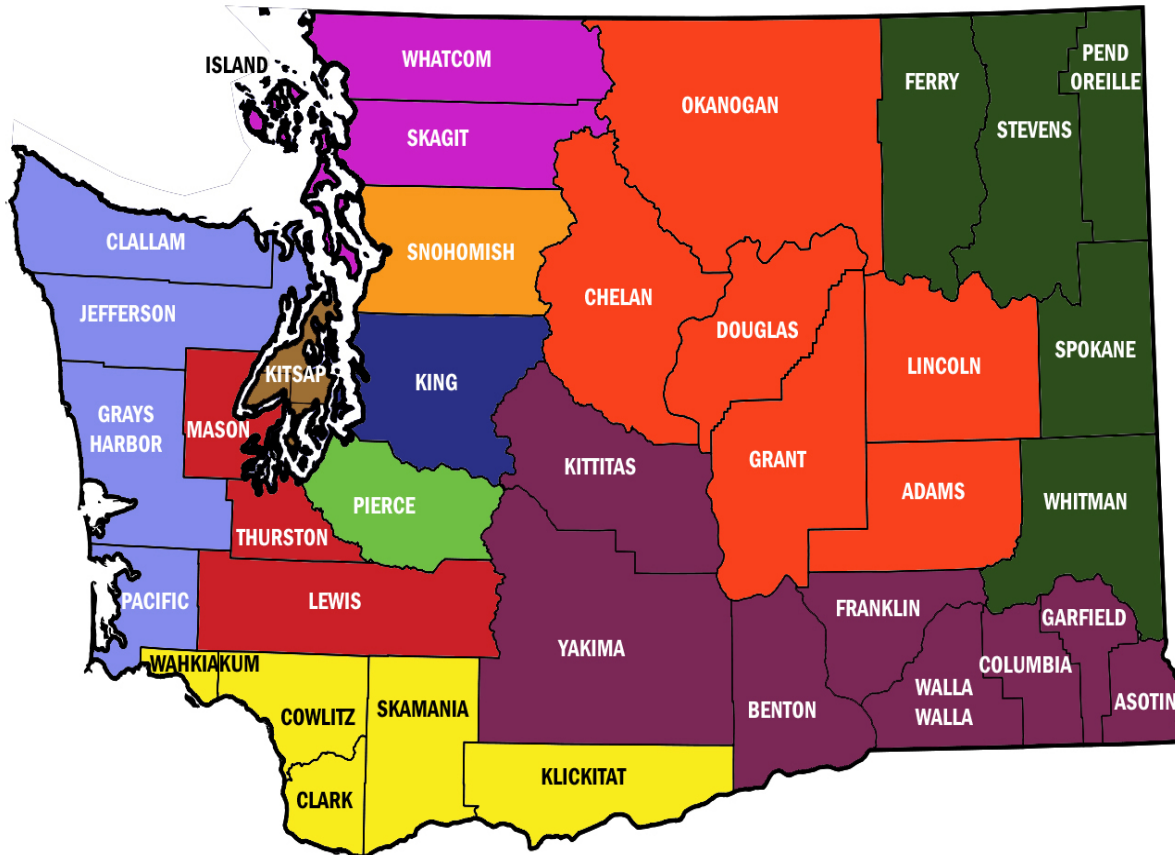


**One of 622 Area Agencies on Aging
in the United States.
13 within the state of Washington**



Kitsap County Aging & Long-Term Care

Washington Association of Area Agencies on Aging



	Olympic Area Agency on Aging (PSA #1)
	Northwest Regional Council (PSA #2)
	Snohomish County Aging & Disability Services Division (PSA #3)
	Aging & Disability Services—Seattle-King County (PSA #4)
	Pierce County Aging and Disability Resources (PSA #5)
	Lewis/Mason/Thurston Area Agency on Aging (PSA #6)
	Area Agency on Aging & Disabilities of Southwest WA (PSA #7)
	Aging & Adult Care of Central WA (PSA #8)
	Southeast WA Aging & Long Term Care (PSA #9)
	Yakama Nation Area Agency on Aging (PSA #10)
	Aging & Long Term Care of Eastern WA (PSA #11)
	Colville Indian Area Agency on Aging (PSA #12)
	Kitsap County Division of Aging & Long Term Care (PSA #13)



www.agingwashington.org



Kitsap County Mission

Kitsap County government exists to protect and promote the safety, health and welfare of our citizens in an efficient, accessible and effective manner.

Human Services Department Mission

The Department of Human Services serves the community by providing superior and responsive services to develop, fund, coordinate, and/or deliver essential and effective human services that address individual and community needs, preserve the rights and dignity of those they serve, and promote the health and well-being of all Kitsap area residents.

Aging & Long-Term Care Mission

Work independently and through community partnerships to promote the well-being and independence of older adults, people with disabilities, and caregivers.

Overview of Services to Kitsap County. . .



Information & Assistance
Phone, In-person, Web,
WA CAREs



Senior Nutrition

- * Home Delivered Meals
- * Community Dining Sites
- * New Food Bank Partners
- * Senior Farmers Market



Caregiver Support



Legal Assistance



Kinship Caregiver Support



Partners in Memory
Care Services



- * In-Home, Long-Term Care Case Management
- * Medicaid Alternative Care & Tailored Supports for Older Adults
- * Veteran Directed Care



Hospital Care Transitions



Long-Term Care Ombudsman



Senior Drug Education



Medicare Education &
Savings Program
Application Assistance



Community Recovery



Information & Assistance



Assist people age 60+ and family/friend caregivers meet their specific needs by providing:

- Information about local programs and services
- Assistance with completing applications for benefits, services, and Medicare savings programs
- Referrals to programs and services
- Consultation with community agencies
- Memory Screenings
- WA CARES information- people of all ages



No income/asset eligibility required





Family Caregiver Support Program

Plans, coordinates, and provides services and support for adults (age 60+), unpaid caregivers (age 18+) of adults with functional disabilities.

Personalized professional support including:

- Case manager support
- Information & assistance
- Access to training and/or education
- Respite care (as available)
- Limited legal, home delivered meals, and some care related supplies
- Resource library
- Monthly e-newsletter
- Personal Emergency Response Service (PERS)
Most services available with no income/asset eligibility





Medicaid Alternative Care (MAC)

Services and support *for unpaid caregivers (age 18+), of individuals who are age 55+ and living at home with:*

Considerations

- No Co-pay/participation payment
- No estate recovery
- Not all “additional benefits” continue, as in Medicaid Long Term Care
 - Example. Medicaid *insurance* continues. Medicare Savings Program ends- need to qualify separately.

- Functional limitations
- *Current Enrollment in certain Medicaid services/programs*
- Requires informal caregiver participation and completing of T-Care Survey.

Personalized, professional support for the unpaid caregiver increases positive outcomes for both caregiver and care receiver.

MAC benefits included below, within a maximum monthly budget (\$)

- Training and Education
- Specialized Medical Equipment & Supplies
- Health Maintenance and Therapies
- Respite Care (no wait list)
- Personalized Emergency Response Unit
- Home Delivered Meal options



Tailored Supports for Older Adults (TSOA)

Services and support *for income/asset eligible person age 55+ and living at home* with:

- Functional limitations
- An unpaid caregiver (family or friend in or out of the home)
- Or no caregiver (or no longer able/willing to fulfill caregiver role)

Financial Eligibility 2025

Care receiver gross monthly income: \$3,868 or less.

Assets at or below: \$77,052 for individual or \$145,353 for married household

Support for individuals and unpaid caregivers to help individuals live in their homes longer, avoiding or delaying the need for Medicaid-funded long-term care. Referral to Consumer Direct Washington for those seeking to become an independent caregiving provider (spouses excluded)

Considerations

- No Co-pay/participation payment for care
- No estate recovery
- No “additional benefits”

TSOA benefits include below, within a maximum monthly budget (\$)

- Caregiver Assistance
- Personal Assistance (individuals without a caregiver)
- Training and Education
- Specialized Medical Equipment & Supplies
- Health Maintenance and Therapies
- Pest Eradication
- Specialized Deep Cleaning
- Nurse Delegation
- Community Choice Guide Services





Medicaid *In-Home* Care Case Management

After client is approved for benefits by DSHS, our Case Managers provide:

- Ongoing assessments
- Care coordination and case management
- Payment authorization



for adults (age 18+) with disabilities receiving Medicaid-funded personal care (CFC/COPES/MPC) in their home.

Case Managers for Medicaid *facility-based* care:
DSHS Community Services Office in Bremerton

Please call 1-855-923-4633 for eligibility information

* Income, asset, and functional eligibility requirements

People age 60+ may call Kitsap Aging for prescreening and application assistance



Veteran Directed Care



Program provides Veterans with choice and control over the services to remain independent.

After referral from VAMC to Kitsap Aging:

- Care Consultant model
- Veteran decision-making authority for services, supports, and spending plan
- CARE VDC assessment

Considerations

- Referred by VA
- Home care agencies and providers

Please call 1-800-562-2308 for eligibility information.

* Income, asset, and functional eligibility requirements



Hospital Care Transitions

Assists adults discharging home from a hospital

Participation is voluntary, no cost, and
covers up to 6-8 weeks of transition support

This is for patients that are
not dependent on Medicaid
for discharge

Care coordination is provided that promotes recovery and
reduces likelihood of re-hospitalization.

- Meets individuals or their family member(s) in the hospital
- After discharge, meets individuals at their home to create a plan that supports their identified goals
- Discusses community-based services and programs to help maintain health and independence
- Provides information about caregiver support services for family and friends
- Provides application assistance for programs or services of interest





WA Cares Program



The WA Cares Fund ensures all working Washingtonians can access long-term care benefits when they need it.

Our WA Cares Outreach team and subject matter expert can assist by:

- Explaining eligibility
- Defining benefits and limitations of the program
- Providing written information on the program
- Educating professionals, providers, and community organizations through outreach presentations
- Building the local network of providers

Additional information available at
<http://www.wacaresfund.wa.gov> or 844-227-3492

Considerations

- Benefits become available to qualified individuals **July 1, 2026**
- Receive long-term care services and supports worth up to \$36,500 (adjusted annually for inflation) over your lifetime





Partners in Memory Care

No cost one-time consultation to assist individuals and professional helping an adult (age 18+) with:

- Memory issues and challenging behaviors
- Educate about types of dementia and their associated disease progression
- Promote better understanding of dementia spectrum behaviors
- Discuss strategies to reduce caregiver stress
- Provide referrals about available resources

Jennifer Calvin Myers, LICSW

Memory Screenings

Healthy Aging monthly newsletter and workshops

* No income or asset limit requirements to access service.



Kitsap County Division of
Aging & Long-Term Care

Nutrition Services

**Meals on Wheels Kitsap
Port Gamble S'Klallam Tribe
Kitsap Food Bank Coalition**



Nutrition Assessments & Education
Food, Meals, & Produce

Home delivered meals

- Age 60+ (limited 50-60 age) and **homebound**
No financial eligibility required

Senior Community Meal Sites

- Age 60+ suggested donation
No financial eligibility required. Reservation required.

Senior Farmers Market Nutrition Program

- Age 60+, or 55+ if Native American or Alaska Native
- Income requirements
- Live in Kitsap county



nəx^wqiyt nəx^ws'káyəmí
PORT GAMBLE S'KLALLAM TRIBE





Senior Legal Services

Legal assistance to older adults (age 60+) in non-criminal proceedings.

Northwest Justice Project

- Durable Power of Attorney
- Health Care Directive
- Medicaid Information
- Tenant's Rights
- Consumer Protection
- Debtor's Rights with collection agencies

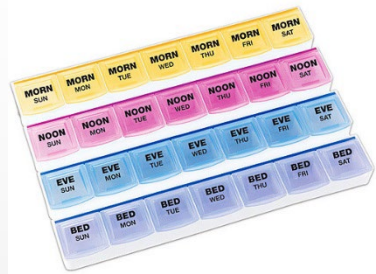
No specific income/asset eligibility required. For people with limited ability to pay for services.



Senior Drug Education

Free education and resources to support older adults with:

- Safe medication management
- Safe storage of medication
- Education on:
 - ✓ Medication topics
 - ✓ Alcohol and drug use
 - ✓ Brain health
 - ✓ Safe disposal of medications



Medication List

Your Name: _____ Pharmacy: _____
 Date Listed: _____ Pharmacy P: _____

Medication	Dosage	How often used?	Which Doctor Prescribed?	Doctor's Phone Number

www.organizing.com/blog

Safe Disposal Locations:
http://www.kitsappublichealth.org/information/medicine_return.php

* No income or asset limits apply



Kitsap County Division of
Aging & Long-Term Care

Kinship Caregiver Support Program

Eligibility Standards

(Covers July 2024 – June 2025)

HH Size Gross

Monthly

2 \$3,041

3 \$3,833

4 \$4,625

5 \$5,418

6 \$6,210

7 \$7,003

Each additional

Family member \$793



Financial assistance and resources for those raising relatives aged 18 years and younger.

- May have legal or informal custody
- Not eligible if receiving adoption support funds from DSHS or open Child & Family Services Case

Kitsap Community Resources

1201 Park Ave Bremerton WA 98337

Phone: 360-473-2125

Email: kinship@kcr.org



Kinship Navigator Program

A kinship navigator assists kinship caregivers in finding and using programs and services to meet the needs of the children they're raising, in addition to their needs as caregivers.



- Connect to health, financial, and legal services
- Find support groups
- Enroll a child in school
- Connect to training and parenting support
- Assist with applying for federal, state, and local benefits

Kitsap Community Resources

1201 Park Ave Bremerton WA 98337

Phone: 360-473-2125

Email: kinship@kcr.org



Medicare Improvements for Patients & Providers Act (MIPPA)

Free education and support for:

Medicare Savings Program eligibility	
Single Person	\$1,752 Per Mth
	\$21,024 Per Yr
Couple	\$2,371 Per Mth
	\$28,452 Per Yr

Savings programs- Parts A, B, D

- Learning program benefits
- Eligibility screening, application assistance
- Extra Help Part D eligibility



Part D enrollment assistance

Medicare Part D Extra Help eligibility	
Single Person	\$1,903 Per Mth
	\$22,836 Per Yr
Couple	\$2575 Per Mth
	\$30,900 Per Yr

Medicare Prevention & Wellness Benefits

- Learning what is available:
Some services with \$0 cost
Some services with cost sharing

* No income or asset limits for help learning about programs & benefits, or application assistance



Long-Term Care Ombuds Program

Volunteer-based program intended to improve the quality of life for people who live in licensed long-term care facilities, including:

- Nursing homes
- Assisted living facilities
- Adult family homes
- State veteran homes (Washington Soldiers Home)



(360) 337-5714 or 1-800-562-6418

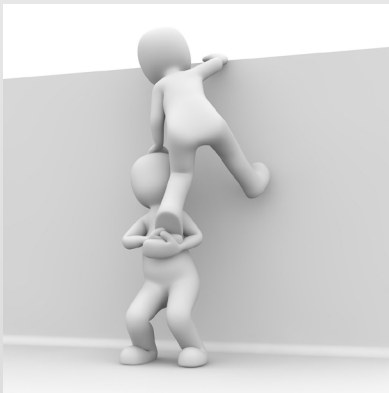


Additional Community Supports

Through federal funds provided to the state of Washington, community needs are supported through the following new services:



- ◆ Vaccine Education
- ◆ Senior social check-in phone calls
- ◆ Expanded senior nutrition
- ◆ Memory Screenings
- ◆ Fall Prevention YMCA: EnhanceFitness
- ◆ Robotic Pets
- ◆ Healthy Aging monthly newsletter & workshops
- ◆ Enhanced Kitsap Aging website (tutorials, brain health info)
- ◆ Kitsap Public Health – Age Friendly Initiatives





Kitsap County Division of Aging & Long-Term Care

Phone

(360) 337-5700
(800) 562-6418

In-Person (*Temporarily closed*)

1026 Sidney Ave. Suite 105, Port Orchard- Givens Comm Center
19705 Viking Ave NW, Poulsbo- North Kitsap Fishline

Email Inquiries: SeniorInfo@kitsap.gov

Websites

www.agingkitsap.com

Local program & online resource information

www.waclc.org

Online services/resource search- statewide
AAA Office Locator- statewide

