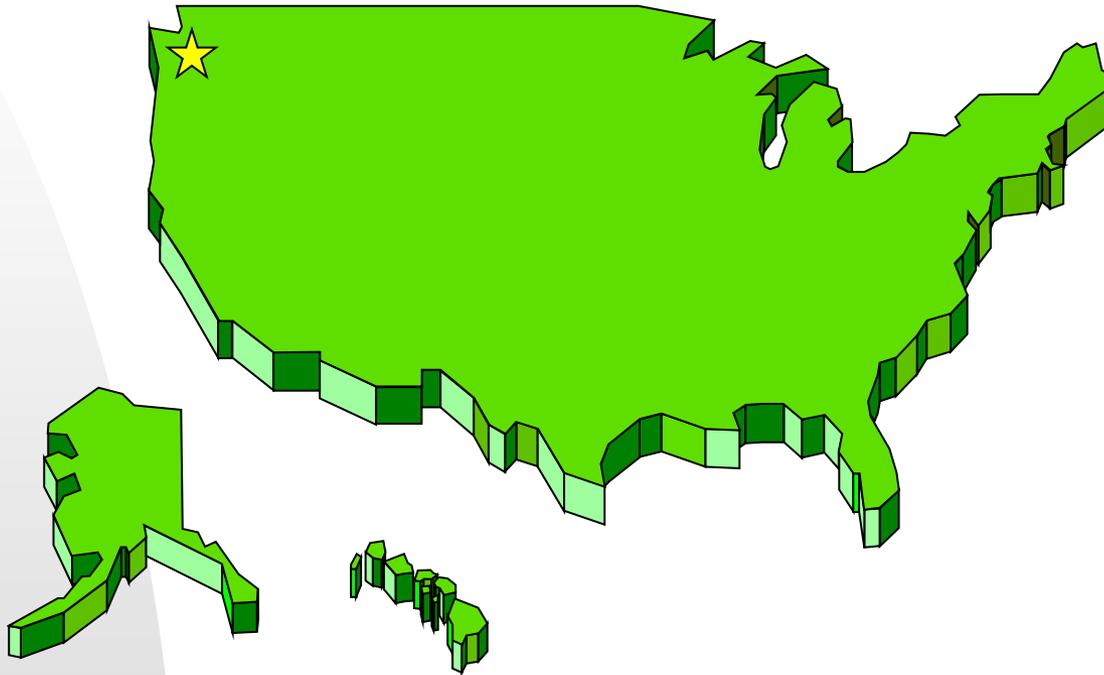




Kitsap County Aging & Long-Term Care

Your Local Area Agency on Aging

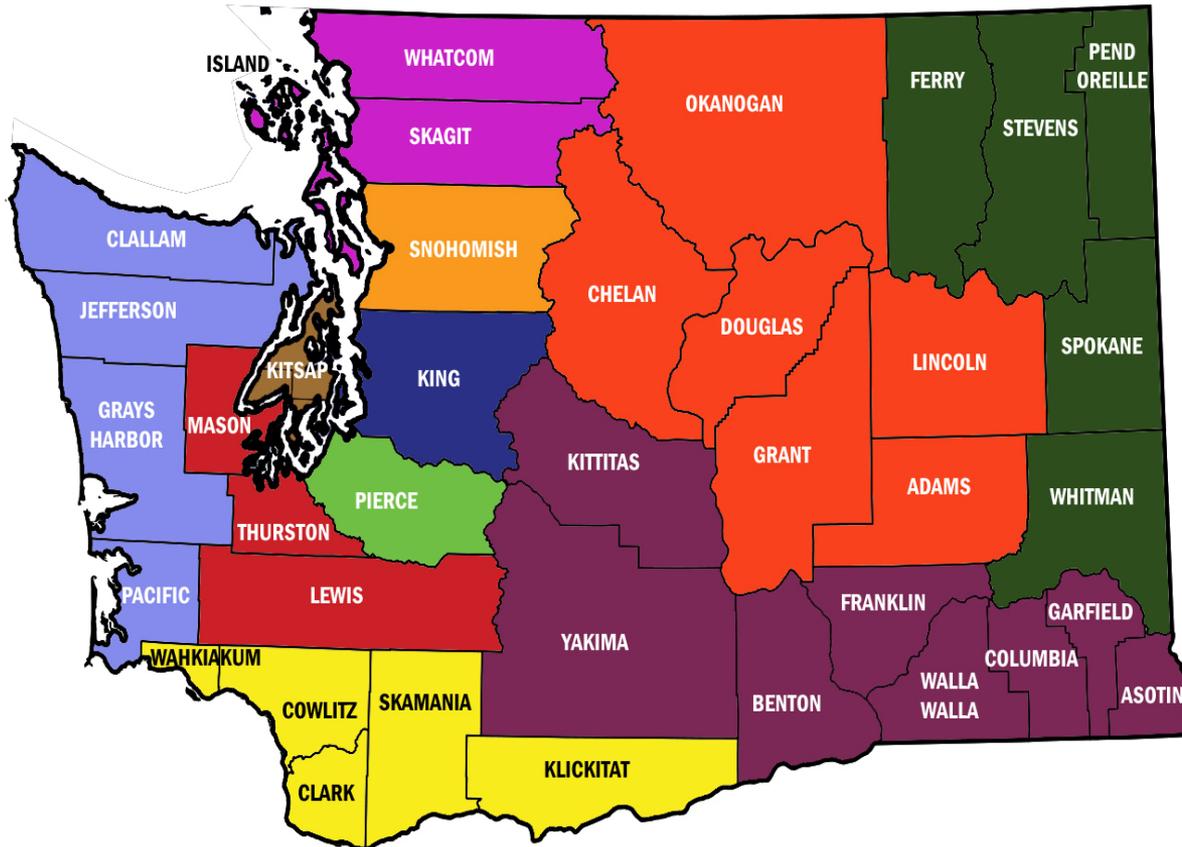


**One of 622 Area Agencies on Aging
in the United States.
13 within the state of Washington**



Kitsap County Aging & Long-Term Care

Washington Association of Area Agencies on Aging



	Olympic Area Agency on Aging (PSA #1)
	Northwest Regional Council (PSA #2)
	Snohomish County Aging & Disability Services Division (PSA #3)
	Aging & Disability Services—Seattle-King County (PSA #4)
	Pierce County Aging and Disability Resources (PSA #5)
	Lewis/Mason/Thurston Area Agency on Aging (PSA #6)
	Area Agency on Aging & Disabilities of Southwest WA (PSA #7)
	Aging & Adult Care of Central WA (PSA #8)
	Southeast WA Aging & Long Term Care (PSA #9)
	Yakama Nation Area Agency on Aging (PSA #10)
	Aging & Long Term Care of Eastern WA (PSA #11)
	Colville Indian Area Agency on Aging (PSA #12)
	Kitsap County Division of Aging & Long Term Care (PSA #13)



www.agingwashington.org



Kitsap County Mission

Kitsap County government exists to protect and promote the safety, health and well-being of all County residents accessible, efficient, effective and responsive manner.

Human Services Department Mission

The Department of Human Services provides essential services that address individual and community needs, preserve the rights and dignity of those they serve, and promote the health and well-being of all Kitsap residents.

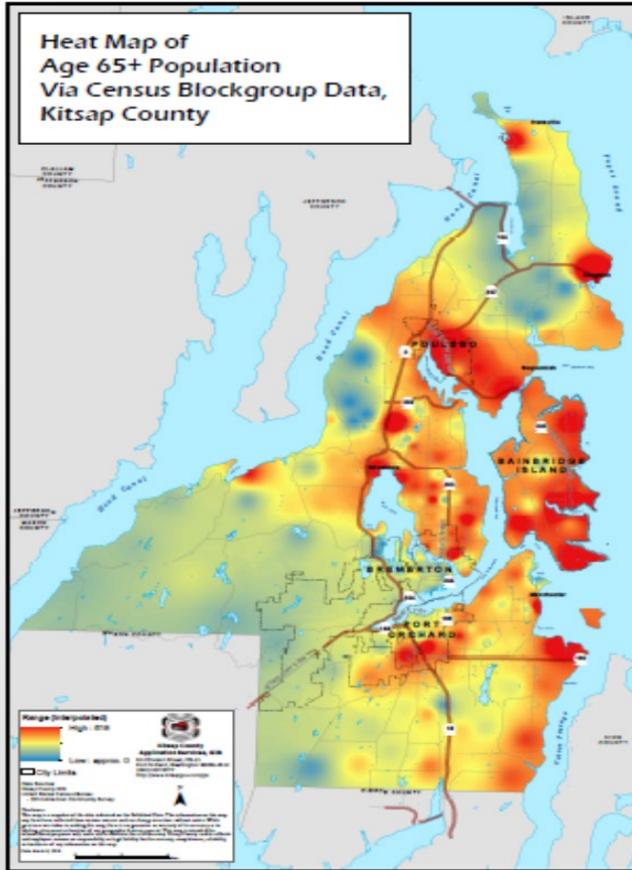
Aging & Long-Term Care Mission

Work independently and through community partnerships to promote the well-being and independence of older adults, adults with disabilities, and caregivers.

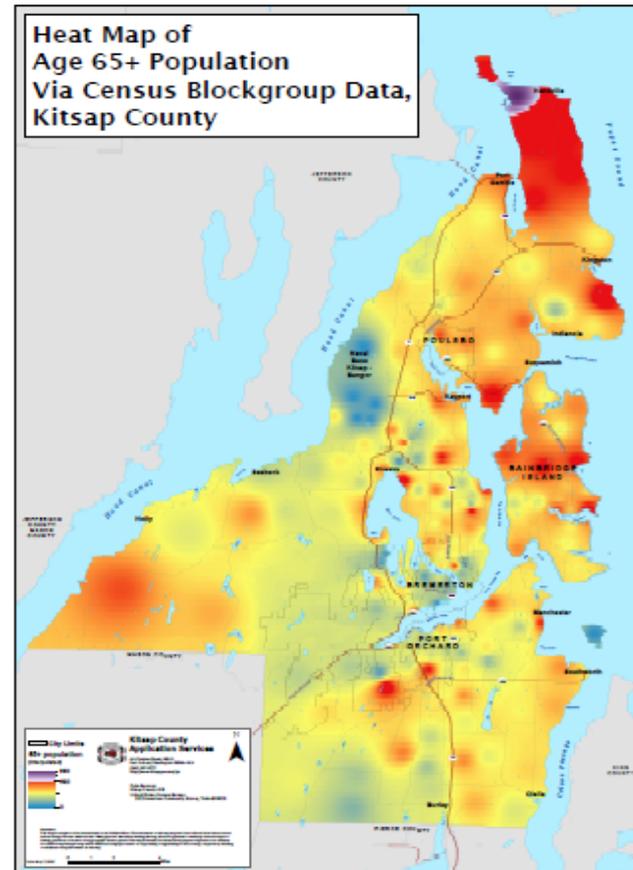


Kitsap Population Map

2015 vs. 2025



+65 years: 37,000



+65 years: 51,500

Overview of Services to Kitsap County



Information & Assistance
Phone, In-person, Web



Senior Nutrition

- * Home Delivered Meals
- * Community Dining Sites
- * Senior Farmers Market
- * NEW Senior Nutrition Food Bank



Caregiver Support



Legal Assistance



Kinship

- * Kinship Caregiver Support
- * Kinship Navigator



Care Transitions (Hospital Discharges)



Case Management Programs

- * In-Home, Long-Term Care
- * Medicaid Alternative Care & Tailored Supports for Older Adults
- * Veteran Directed Care



Partners in Memory Care Services

- * Memory Loss Consultations
- * Community Education



Long Term Care Ombudsman



“Healthy Aging” Initiatives

Medicare Improvements

- * Workshops
- * E-newsletters



Health Related Social Needs



**Outreach & Education
Network Advocacy
Benefits Assistance**



Kitsap County Division of
Aging & Long-Term Care

Information & Assistance Aging & Disability Resource Network



Assist people age 60+ and family/friend caregivers meet their specific needs by providing:

- Information about local programs and services
- Assistance with completing applications for benefits, services, and Medicare savings programs
- Referrals to programs and services
- Consultation with community agencies
- Memory Screenings
- WA CARES information- people of all ages



No income/asset eligibility required





Kitsap County Division of
Aging & Long-Term Care



Family Caregiver Support Program

Plans, coordinates, and provides services and support for disabled adults, and their unpaid caregivers (age 18+) of adults with functional disabilities.

Personalized professional support including:

- Case manager support
 - Information & assistance
 - Access to training and/or education
 - Respite care (as available)
 - Limited legal, home delivered meals, and some care related supplies
 - Resource library
 - Monthly e-newsletter
 - Personal Emergency Response Service (PERS)
- Most services available with no income/asset eligibility





Medicaid Alternative Care (MAC)

HOLD: New Referrals (12.2025)

Considerations

- **There is currently a waitlist for MAC and TSOA with no estimate on when it will end**
- No Co-pay/participation payment
- No estate recovery
- Not all “additional benefits” continue, as in Medicaid Long Term Care
 - Example. Medicaid *insurance* continues. Medicare Savings Program ends- need to qualify separately.

Services and support **for unpaid caregivers (age 18+), of disabled *individuals* who are age 55+ and living at home** with:

- Functional limitations and/or dementia
- *Current Enrollment in certain Medicaid services/programs*
- Requires informal caregiver participation and completing of T-Care Survey.

Personalized, professional support for the unpaid caregiver increases positive outcomes for both caregiver and care receiver.

MAC benefits included below, within a maximum monthly budget (\$)

- Training and Education
- Specialized Medical Equipment & Supplies
- Health Maintenance and Therapies
- Respite Care (no wait list)
- Personalized Emergency Response Unit
- Home Delivered Meal options



Tailored Supports for Older Adults (TSOA) *HOLD: New Referrals (12.2025)*

Services and support *for income/asset eligible person age 55+ and living at home* with:

- Functional limitations
- An unpaid caregiver (family or friend in or out of the home)
- Or no caregiver (or no longer able/willing to fulfill caregiver role)

Support for individuals and unpaid caregivers to help individuals live in their homes longer, avoiding or delaying the need for Medicaid-funded long-term care. Referral to Consumer Direct Washington for those seeking to become an independent caregiving provider.

TSOA benefits include below, within a maximum monthly budget (\$)

- Caregiver Assistance
- Personal Assistance (individuals without a caregiver)
- Training and Education
- Specialized Medical Equipment & Supplies
- Health Maintenance and Therapies
- Pest Eradication
- Specialized Deep Cleaning
- Nurse Delegation
- Community Choice Guide Services

Financial Eligibility 2026

Care receiver gross monthly income: \$3,976 or less.

Assets at or below: \$77,052 for individual or \$149,581 for married household

Considerations

- No Co-pay/participation payment for care
- No estate recovery
- No “additional benefits”
- **There is currently a waitlist, end of waitlist to be determined**



Medicaid *In-Home* Care Case Management

After client is approved for benefits by DSHS, our Case Managers provide:

- Ongoing assessments
- Care coordination and case management
- Payment authorization



for adults (age 18+) with disabilities receiving Medicaid-funded personal care (CFC/COPES/MPC) in their home.

Please call 1-855-923-4633 for eligibility information

* Income, asset, and functional eligibility requirements

Kitsap Aging can provide prescreening and application assistance

Facility-based Care contact:
DSHS Bremerton Community Services Office



Veteran Directed Care



Program provides Veterans with choice and control over the services to remain independent.

After referral from VAMC to Kitsap Aging:

- Care Consultant model
- Veteran decision-making authority for services, supports, and spending plan
- CARE VDC assessment

Please call 1-800-562-2308 for eligibility information.

* Income, asset, and functional eligibility requirements

Considerations

- Referred by VA
- Home care agencies and providers



Hospital Care Transitions

Assists adults discharging home from a hospital
Participation is voluntary, no cost, and
covers up to 6-8 weeks of transition support

This is for patients that are
not dependent on
Medicaid for discharge.

Care coordination is provided that promotes recovery and
reduces likelihood of re-hospitalization.

- Meets individuals or their family member(s) in the hospital
- After discharge, meets individuals at their home to create a plan that supports their identified goals
- Discusses community-based services and programs to help maintain health and independence
- Provides information about caregiver support services for family and friends
- Provides application assistance for programs or services of interest





Health Related Social Needs

Program Eligibility:

each service requires enrollment in Medicaid. Individual programs might require additional criteria for eligibility (IE age, chronic conditions, meeting the USDA definition of food insecurity).

Nutrition Supports

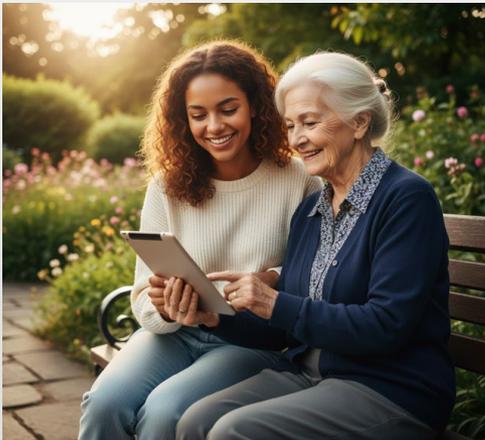
- Nutrition Counseling
- Medically Tailored Meals
- Pantry Stocking
- Fruit and Vegetable Provisions
- Short-Term Grocery Provisions (Medicaid LTSS)

Home Accessibility, Remediation & Adaptation (in progress)

- Accessibility Modifications
- Remediations
- Adaptations Devices

Caregiver Support Service

- TBD – NOT CURRENTLY AVAILABLE





WA Cares Program



The WA Cares Fund ensures all working Washingtonians can access long-term care benefits when they need it.

Our WA Cares Outreach team and subject matter experts can assist by:

- Explaining eligibility
- Defining benefits and limitations of the program
- Providing written information on the program
- Educating professionals, providers, and community organizations through outreach presentations
- Building the local network of providers

Additional information available at

<http://www.wacaresfund.wa.gov> or 844-227-3492

Considerations

- Benefits become available to qualified individuals **July 1, 2026**
- Receive long-term care services and supports worth up to \$36,500 (adjusted annually for inflation) over your lifetime
- Benefits become portable (out of State) **starting in 2030**





Partners in Memory Care

No cost one-time consultation to assist individuals and professional helping an adult (age 18+) with:

- Memory issues and challenging behaviors
- Educate about types of dementia and their associated disease progression
- Promote better understanding of dementia spectrum behaviors
- Discuss strategies to reduce caregiver stress
- Provide referrals about available resources

Jennifer Calvin Myers, LICSW

Memory Screenings

Healthy Aging monthly newsletter and workshops



* No income or asset limit requirements to access service.



Kitsap County Division of
Aging & Long-Term Care

Nutrition Services

Meals on Wheels Kitsap Port Gamble S'Klallam Tribe Kitsap Food Bank Coalition



Nutrition Assessments & Education
Food, Meals, & Produce

Home delivered meals

- ◆ Age 60+ (limited 50-60 age) and *homebound*
- ◆ No financial eligibility required

Senior Community Meal Sites

- ◆ Age 60+ suggested donation
- ◆ No financial eligibility required. Reservation required.

Senior Farmers Market Nutrition Program

- ◆ Age 60+, or 55+ if Native American or Alaska Native
- ◆ Income requirements
- ◆ Live in Kitsap county



nəx^wqíyt nəx^ws'káyámí
PORT GAMBLE S'KLALLAM TRIBE





Senior Legal Services

Legal assistance to older adults (age 60+) in non-criminal proceedings.

Northwest Justice Project

- Durable Power of Attorney
- Health Care Directive
- Medicaid Information
- Tenant's Rights
- Consumer Protection
- Debtor's Rights with collection agencies



No specific income/asset eligibility required. For people with limited ability to pay for services.



Kitsap County Division of
Aging & Long-Term Care

Kinship Caregiver Support Program

Eligibility Standards

(Covers July 2025 – June 2026)

HH Size	Gross Monthly
2	\$3,261
3	\$4,109
4	\$4,957
5	\$5,805
6	\$6,653

Each additional

Family member \$793



Financial assistance and resources for those raising relatives aged 18 years and younger.

- May have legal or informal custody
- Not eligible if receiving adoption support funds from DSHS or open Child & Family Services Case

Kitsap Community Resources

1201 Park Ave Bremerton WA 98337

Phone: 360-473-2017

Email: kinship@kcr.org



Kinship Navigator Program

A kinship navigator assists kinship caregivers in finding and using programs and services to meet the needs of the children they're raising, in addition to their needs as caregivers.



- Connect to health, financial, and legal services
- Find support groups
- Enroll a child in school
- Connect to training and parenting support
- Assist with applying for federal, state, and local benefits

Kitsap Community Resources

1201 Park Ave Bremerton WA 98337

Phone: 360-473-2017

Email: kinship@kcr.org



Medicare Improvements for Patients & Providers Act (MIPPA)

Free education and support for:

Savings programs- Parts A, B, D

- Learning program benefits
- Eligibility screening, application assistance
- Extra Help Part D eligibility

Part D enrollment assistance

Medicare Prevention & Wellness Benefits

- Learning what is available:
Some services with \$0 cost
Some services with cost sharing

Medicare Savings Program eligibility	
Single Person	\$1,820 Per Mth
	\$21,840 Per Yr
Couple	\$2,453 Per Mth
	\$29,436 Per Yr



Medicare Part D Extra Help eligibility	
Single Person	\$1,976 Per Mth
	\$23,712 Per Yr
Couple	\$2,664 Per Mth
	\$31,968 Per Yr

* No income or asset limits for help learning about programs & benefits, or application assistance



Long-Term Care Ombuds Program

Volunteer-based program intended to improve the quality of life for people who live in licensed long-term care facilities, including:

- Nursing homes
- Assisted living facilities
- Adult family homes
- State veteran homes (Washington Soldiers Home)



(360) 337-5714 or 1-800-562-6418





Additional Community Supports

Through federal funds provided to the state of Washington, community needs are supported through the following new services:



- ◆ Vaccine Education
- ◆ Senior social check-in phone calls
- ◆ Expanded senior nutrition
- ◆ Memory Screenings
- ◆ Fall Prevention YMCA: EnhanceFitness
- ◆ Robotic Pets
- ◆ Enhanced Kitsap Aging website (tutorials, brain health info)
- ◆ Kitsap Public Health – Age Friendly Initiatives
- ◆ Medicaid Health Related Social Needs





Kitsap County Division of Aging & Long-Term Care

Phone

(360) 337-5700
(800) 562-6418

In-Person

1026 Sidney Ave. Suite 105, Port Orchard- Givens Comm Center
19705 Viking Ave NW, Poulsbo- North Kitsap Fishline
3120 NW Randall Way, Silverdale – WorkSource building

Email Inquiries: SeniorInfo@kitsap.gov

Websites

www.agingkitsap.com

Local program & online resource information

www.waclc.org

Online services/resource search- statewide
AAA Office Locator- statewide

