



# Department of Human Services

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DEPARTMENT OF HUMAN  
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## Bremerton Substance Abuse Prevention Coalition

**Thursday, August 8, 2024**

1:00 p.m. - 2:30 p.m.

(Workgroups: 12:00 - 1:00 & 2:30 - 3:00 p.m.)

[Click here to JOIN the Meeting](#) virtually or in-person  
(address below)

Meeting ID: 699 110 4058

Call in: 1-253-215-8782

### AGENDA

- Welcome and Land Acknowledgment
- Ice Breaker and Introductions
  - News and Updates
  - Youth Voice Opportunity

### Prevention Education

- Spotlight: Prevention Project – Success in Progress

### Prevention Efforts

- What is our Role as a Coalition
- Coalition events, activities
  - Events, Activities and Opportunities
    - Volunteer Opportunities
- Action Items

### New Business

**Next Meeting Dates: 9/12/24, 10/10/24 and 11/14/24. We welcome you to join face to face at 1300 Sylvan Way Ste 101 or virtually at the link found above. Hope you can join us.**

<https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx>

**Our Mission; to provide opportunities for youth to be in a safe and substance free environment while they move from surviving to thriving, coordinate and generate resources for youth, families, and the Bremerton community, develop a unified message to end substance abuse and communicate common values of respect and empower today's youth to be Bremerton's better tomorrow!**



## Bremerton Substance Abuse Prevention Coalition

Thursday, July 8, 2024

### ACTIVITY:

#### Unpacking Your Suitcase

- The group discussed in depth which of the actions they could commit to from their “suitcase” list (from the “What’s in your Suitcase” activity from the previous meeting).
- This list will be provided to the group via email.

### ANNOUNCEMENTS:

- Aura went over the approved action plan with the group. The plan includes Positive Action, Project Success, Guiding Good Choices, CMCA.
- Guiding Good Choices Facilitator Training will be offered in August. Kitsap County will be covering the cost of memberships and program manuals for our members that attend. The registration is free. Members will need to register for the training and then reach out to Deanne afterwards, to qualify for this opportunity. **\*\*\*Registration is now open; training is scheduled for August 12-16.**
- Rebranding efforts: the new logo images were shared with the group.
- Curtiss (the new Coalition Chair) is out but Deanne will arrange to meet with him soon.

### PARTNER HIGHLIGHTS:

- Guiding Good Choices – Deanne, Laura and Aura all completed the facilitator training and are holding their first series July 16<sup>th</sup> thru August 13<sup>th</sup>.

### MOVING FORWARD – NEXT STEPS:

- Building for our future; the group discussed increasing youth voices within the group.

### EVENTS:

- Guiding Good Choices Facilitator Training – August 12-16
- Kitsap Pride – July 20
- Region 10 Opioid Summit – July 26-26
- Recovery in the Park – September 9
- Kitsap’s 1<sup>st</sup> Suicide Awareness Walk and Resource Event – September 14
- Salish Behavioral Health Community Forum Monthly Meeting - July 30
- Kitsap County Fair (volunteers needed, contact Deanne!) – August 21-25
- Kitsap Youth Forum – October 15

# What's in Your Suitcase?

## What works?

- Communication
- Collaboration
- Information dissemination
- Universal messaging
- Trust and therapeutic rapport
- Person-centered care
- Community involvement
- Telehealth for youth/adult mental health
- Conversations with youth
- Networking locally
- Referral preparedness
- Empathy/understanding
- Culturally aware/sensitive
- Public awareness of agency
- Family buy-in



What of ideas, or others could YOU commit to?

BREMERTON

NORTH KITSAP

Substance Abuse Prevention Coalitions





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SUBSTANCE ABUSE PREVENTION COALITION

