



Department of Human Services

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DEPARTMENT OF HUMAN
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North Kitsap Substance Abuse Prevention Coalition

Monday, August 12, 2024

1:00 p.m. - 2:30 p.m.

(Workgroups: 12:00 - 1:00 & 2:30 - 3:00 p.m.)

[Click here to JOIN the Meeting](#)

Meeting ID: 699 110 4058

Call in: 1-253-215-8782

AGENDA

- Welcome and Land Acknowledgement
- Ice Breaker and Introductions
 - News and Updates
 - Youth Voice Opportunity

Prevention Education

- Spotlight: Prevention Project – Success in Progress

Prevention Efforts

- What is our Role as a Coalition
- Coalition events, activities
 - Events, Activities and Opportunities
 - Volunteer Opportunities
- Action Items

New Business

Next Meeting Dates: 9/9/24, 10/21/24 and 11/18/24. **Upcoming meeting only available virtually until further notice.** Hope you can join us.

<https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx>

Mission: To create a framework of resources, support and partnerships to combat youth substance abuse in North Kitsap thus providing for a safe and healthy environment for all.



North Kitsap Substance Abuse Prevention Coalition

Thursday July 8, 2024

ACTIVITY:

Unpacking Your Suitcase

- The group discussed which of the actions they could commit to from their “suitcase” list (from the “What’s in your Suitcase” activity from the previous meeting).
- This list will be provided to the group via email.

ANNOUNCEMENTS:

- Deanne went over the approved action plan with the group. The plan includes Positive Action, Project Success, Guiding Good Choices, CMCA.
- Guiding Good Choices Facilitator Training will be offered in August. Kitsap County will be covering the cost of memberships and program manuals for our members that attend. The registration is free. Members will need to register for the training and then reach out to Deanne afterwards, to qualify for this opportunity. *****Registration is now open; training is scheduled for August 12-16.**
- Rebranding efforts: the new logo images were shared with the group.
- The group discussed in depth, their concerns about Kratom, fentanyl, tranquilizers and Xylazine and what they currently know of these drugs and how they are being abused.

PARTNER HIGHLIGHTS:

- Guiding Good Choices – Deanne, Laura and Aura all completed the facilitator training and are holding their first series July 16th thru August 13th.

MOVING FORWARD – NEXT STEPS:

- Reviewed the Coalition mission statement, intend to revisit regularly.

EVENTS:

- Guiding Good Choices Facilitator Training – Coming Soon
- Uplift – July 12
- Recovery in the Park – September 9
- Kitsap’s 1st Suicide Awareness Walk and Resource Event – September 14
- Kitsap County Fair (volunteers needed, contact Deanne!) – August 21-25
- Kitsap Youth Forum – October 15

What's in Your Suitcase?

What works?

- Communication
- Collaboration
- Information dissemination
- Universal messaging
- Trust and therapeutic rapport
- Person-centered care
- Community involvement
- Telehealth for youth/adult mental health
- Conversations with youth
- Networking locally
- Referral preparedness
- Empathy/understanding
- Culturally aware/sensitive
- Public awareness of agency
- Family buy-in



What of ideas, or others could YOU commit to?

BREMERTON

NORTH KITSAP



Substance Abuse Prevention Coalitions



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SUBSTANCE ABUSE PREVENTION COALITION

