

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council Meeting

Date: March 19, 2025

Time: 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

Meeting ID: 360 337 5624 **Passcode:** 98366

Phone Dial-in: 1 (253) 215-8782 **Meeting ID:** 360 337 5624 **Password:** 98366

A G E N D A

- 11:30am 1. Call To Order
2. Introduction of Council members and public members- expectations for public input
(please reference bottom of agenda for protocol during hybrid meetings)
3. Meeting Agenda- Approval
4. February Meeting Notes (Attachment 1) - Approval
- 11:45am 5. KC Public Works ADA Transition Plan Presentation, Christy Degeus
- 12:25pm 6. Legislative Activities – State & Federal
- a. WA Senior Nutrition Advocacy Letter, 3.5.2025 (Attachment 2)
- 12:40pm 7. Council Member Report of Activities - Outreach form (Attachment 3)
- a. 1/10th Community Advisory Committee- Charmaine Scott
- b. Kitsap Accessibilities & Public Works Transitions Plan- Ranae Beeker
- c. Council Member Report of Community Outreach
- 1:10pm 8. Aging Services:
- 2025 Dashboard (Attachment 4)
- Staff recruitments, status
- 1:20pm 9. 2024 Advisory Council Business
- a. Council recruitment status
- b. Orientation for new membership, discussion (schedule in April)
- c. 2025 Calendar of Events (Attachment 5)
- 1:30pm ADJOURN

Instructions for members of the public during a hybrid meeting:

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair, or designee, will call upon the attendee to speak at the designated time.

Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to Stacey Smith at sasmith@kitsap.gov

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February 19, 2025 Aging Advisory Council Meeting Minutes

Zoom

1. Convened at 11:32 a.m.

Members Present: Steve McMurdo, Laney Calhoun, Theresa Lambert, Charmaine Scott, Linette Zimmerman.

Members Excused: Karol Stevens, Ranae Beeker, Elizabeth Safsten.

Members Unexcused: None.

Guests Present: None.

Staff Present: Stacey Smith, Cristiana Fillion.

2. **Public Address:** The council made introductions.

3. **Approval of Agenda:** The meeting agenda was reviewed.

- Laney made a motion to approve the agenda, Linette seconded, and the agenda was approved.

4. **Approval of Minutes:**

- Linette made a motion to approve the January meeting minutes. The motion was seconded by Charmaine. The minutes were approved.

5. **Council Bylaws**

- The amended Council Bylaws were approved by the Board of County Commissioners on January 27.

6. **Legislative Activities**

- Stacey asked that council members share their feedback on the w4a Advocacy webinar. Steve appreciated the input from other councils regarding how receptive legislators would be to the asks. Laney enjoyed the breakout groups. Linette said the priorities were very clear and concise. Stacey found the information about the budget and the likely messages they would be hearing from legislators to be very useful. Charmaine thought they did a great job of preparing.

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- Regarding the Council's planning meeting: Steve found it to be a helpful refresher, and it was nice to hear Sara Thompson's (Pierce County) input. Laney thought it was good to know what each legislator's particular passions were.
- The first legislative meeting was on Tuesday with the 35th district Rep. Travis Couture's Assistant, Tristan Mospan. Several members of the Lewis-Mason-Thurston advisory Council attended. Stacey met with 23rd District Rep. Greg Nance alone, due to a scheduling error. The Council then met with Sen. Drew Hansen. Kathy Knight, w4a Director, was in attendance. The final meeting on Tuesday was with 26th District Rep. Michelle Caldier; she was receptive but made it clear that the budget is very tight.
- On Thursday, Council members met with 26th District Sen. Deb Krishnadasan. Laney said she was very receptive and was very attentive. The Council then met with 23rd Districts Rep. Tarra Simmons. The final meeting with 26th District Rep. Adison Richards. Sarah was also in attendance.
- Steve asked when the budget is expected to be released. Stacey said the policy statement cutoff is February 21, and the fiscal committee cutoff is February 28. The budget will then go to the house of origin by March 12. The budget proviso will go straight to the floor. Stacey will provide a report at the next meeting.

7. Council Member Report of Activities

- a. 1/10th Community Advisory Committee- Charmaine Scott
 - Charmaine explained that the 1/10th Community Advisory Committee met last night. They are planning to restart community visits for courts and substance abuse programs. Charmaine and their co-chair are working on scheduling, with plans to begin in March and April. Laney asked for background on the group. Charmaine explained that their committee reviews competitive grants and awards funds for contracts related to substance abuse, mental health, and housing support. This funding is provided by 1/10th of 1 percent sales-and-use tax.
- b. Kitsap Accessibilities and Public Works Transitions Plan- Ranae Beeker
 - Ranae was not in attendance.

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c. Council Member Report of Community Outreach

- In addition to attending legislative activities, Steve, Stacey, and Laney have been interviewing prospective Council members. Steve has also been responding to Advocacy Alerts.
- Linette has been sharing information and forwarding w4a Advocacy Alerts to her contacts from multiple Soroptimist clubs.
- Laney is still working with the Silverdale Senior Center committee. They voted on an 18-month plan and will be conducting a survey requesting for ideas on what individuals would like out of a senior center. They have conducted interviews with several groups, done research online, and are creating a report, which will be shared with the co-chairs. The committee meets on the last Thursday of each month. The project is still in its early stages, and they continue to look for a location.

d. 2025 SCOA Meeting

- Stacey reminded the Council that there is an open seat for the State Council on Aging, and asked members to let her know if they are interested in joining.

8. Aging Services

- The Council reviewed the February dashboard report. They discussed the new agingkitsap.com website traffic metrics. Stacey gave an overview of the updated revenue chart.
- Stacey explained that ALTC is now distributing a Healthy Aging newsletter, with a new topic featured every month. Each issue will highlight services ALTC provides.
- Stacey also mentioned ALTC has just finished interviews for two Medicaid Case Manager positions. Care Transitions Case Manager interviews are scheduled for today. Stacey explained the Care Transitions program and noted that they are working with St. Michaels and St. Anthony's.

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9. 2024 Advisory Council Business

a. Revised Outreach Form

- Stacey gave an overview of simplified outreach form. The updated form will be sent out later this week. Council members were asked to start using the new form immediately.

b. 2025 Calendar of Events

- The Council reviewed the 2025 Calendar of Events. The virtual Senior Lobby Day conference is tomorrow. There is no fee this year, so Council members can come and go as needed. Senior Lobby Days take place in the spring and fall. These events provide information from across the state and cover a wide range of topics concerning older adults.

c. Recruitment and Orientation

- There are currently three vacancies on the Council. Theresa was appointed earlier this month. There are two open seats for District 1 and one at-large seat. Stacey would like to schedule orientation meetings once more members are on board, ideally within the next 1-2 months, possibly one in the spring and one in the fall. Current members are welcome to attend. However, if it's preferred, Stacey can schedule a meeting sooner. Steve will send out a social media message to help with recruitment.

ADJOURNMENT

The meeting was adjourned at 12:54 p.m.

Steve McMurdo, Chair

Dear Senator Robinson, Representative Ormsby, and Legislative and Budget Leaders,

We the undersigned 73 organizations urge you to provide \$35.4 million to sustain the current caseload of hungry older adults who rely on the senior nutrition program to provide life-saving hot meals and human connection.

In 2023, Area Agency on Aging nutrition programs served over 3.2 million meals for 49,000 older adults and people with disabilities. Nutrition programs are a crucial part of the safety net for low-income older adults. We now have waiting lists for group meals and home-delivered meals in many areas.

Poverty among Washingtonians age 65+ is at its highest rate in at least 10 years: nearly 1 in 10 older adults now live in poverty. The [USDA's recently released food insecurity data for 2023](#) shows 9.3% of households with a person over age 65 were food insecure. Older adults are the most likely to qualify for only the minimum SNAP benefit: just *\$23 per month to buy groceries*.

Our state budget has not expanded *ongoing* funding for these critical, targeted meals programs in years – even though more older adults are living in poverty.

- **Meal programs promote health for older adults and people with disabilities.** Healthy, regular meals prevent hospitalization, delay residential care, and protect against frailty and damaging falls.
- **Group meal programs combat loneliness**, an epidemic among older adults. Loneliness and isolation have far-reaching impacts, with health consequences as bad as smoking 15 cigarettes a day. *Too many clients say their hot meal is their only social contact of the week.*
- **Meal programs help older adults prevent food insecurity and manage related illnesses:** older adults who are food insecure are 65% more likely to be diabetic, and also more likely to have congestive heart failure, high blood pressure, asthma, and obesity.
- **Meal programs sustain and connect older adults with community safety nets.** Senior centers serve as hubs, with volunteers to deliver meals and other services, like haircuts or foot care. AAA nutrition funding enhances clients' independence and dignity. *If older adults are in trouble, meal providers connect them to essential social services to avert a crisis.*

We urge you to provide \$35.4 million in your budget to sustain current levels of senior nutrition services.

AARP	Aging & Long-Term Care of Eastern Washington	Area Agency on Aging & Disabilities of Southwest Washington
Aging & Adult Care of Central Washington	Alzheimer's Association	Auburn Senior Activity Center
Aging & Disability Services of Seattle/King County	Anti-Hunger & Nutrition Coalition	

Bellingham Senior Activity Center	Kitsap County Area Agency on Aging Advisory Council	Pierce County Aging & Disability Resources
Blaine Senior Center	Klickitat County Senior Services	Planning and Management Council for Aging & Long-Term Care of Eastern Washington
Camano Senior Services Association	Lake Stevens Senior Center	Rural Resources Community Action
Catholic Community Services Senior Nutrition Program, Pierce County	Lewis Mason Thurston Area Agency on Aging	SE WA Aging and Long-Term Care
City of Issaquah Senior Center	Lifelong: Health For All	Sea Mar
City of Kirkland	Lopez Island Senior Center	Seattle-King County Advisory Council for Aging and Disability Services
City of Selah	Lower Columbia CAP	Second Harvest Inland Northwest
City of Union Gap	Mayor's Council on African American Elders	Skamania County Senior Services
Confederated Tribes of the Chehalis Reservation	Meals on Wheels People	Snohomish County Council on Aging
Confederated Tribes of the Colville Reservation	Mid-County Community Center	Snohomish County Human Services/Aging and Disability Services
Faith Action Network	Monroe Community Senior Center	Snohomish Senior Center/Snohomish Seniors
Food Lifeline	Mullis Community Senior Center	Sound Generations
Graham-Kapowsin Community Council's Senior Center	Northshore Senior Center	Stilly Valley Senior Center, Arlington
Greater Spokane County Meals on Wheels	Northwest Harvest	The Council on Aging & Human Services
Jewish Community Relations Council of the Jewish Federation of Greater Seattle	Northwest Regional Council	The Northwest Regional Council Senior Services Board (NWSSB)
Kings Manor Senior Living	Olympic Area Agency on Aging	
Kirkland Senior Council	Orting Senior Center Organization	
Kitsap County Aging & Long-Term Care	People For People	
	Pierce County Aging & Disability Advisory Board	

The Whitman County
Food Coalition

Thurston County Food
Bank

Tieton Senior Center

University District Food
Bank

Upper Kittitas County
Senior Center

Walla Walla Senior
Center

Washington Association
of Area Agencies on
Aging (W4A)

Washington Association
of Senior Nutrition
Programs (WASNP)

Washington Food
Coalition

Washington State
Association of Senior
Centers

Washington State
Council on Aging

Washington State Senior
Citizens Lobby

Whatcom Council on
Aging



Aging Advisory Council Community Outreach Tracking Form

Month: _____

Name: _____

Summary of Activities

Date of Activity	Describe Activity: <ul style="list-style-type: none"> • AC Meeting • Community outreach or event (name) • Social Media/Email • Material Dissemination • Advocacy Alert Action • Other: Describe 	Topic: (optional) <ul style="list-style-type: none"> • General Aging Info (programs, services or events) • General Caregiver Info (programs, services or events) • Memory Loss • Other: Describe 	Total Duration of Time (include prep & travel)	Approx. number of individuals reached (per activity), as applicable

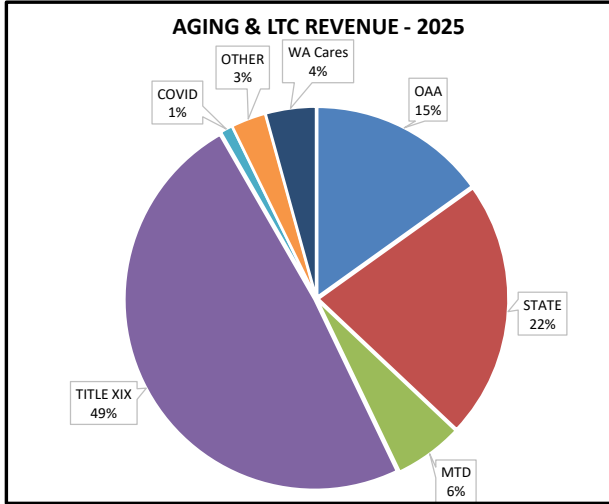
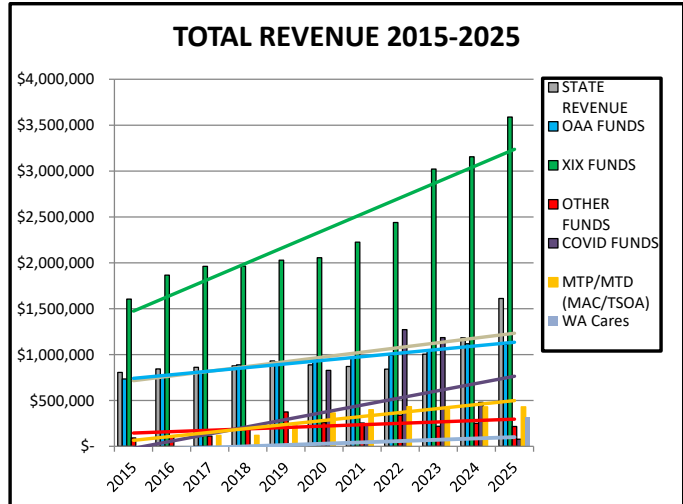
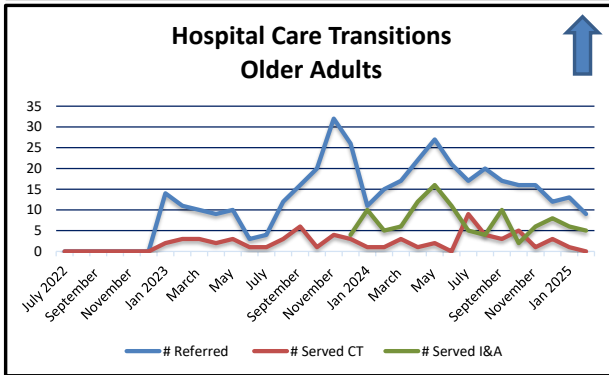
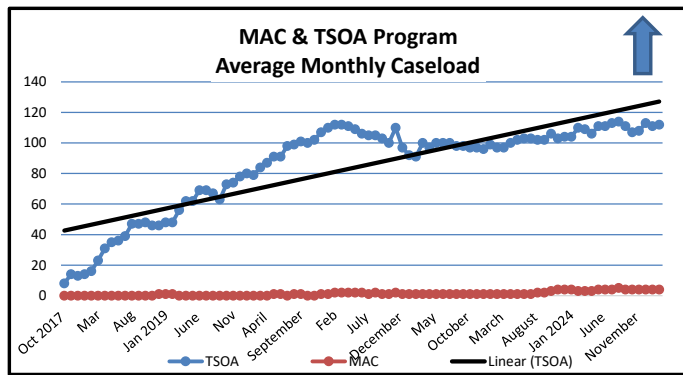
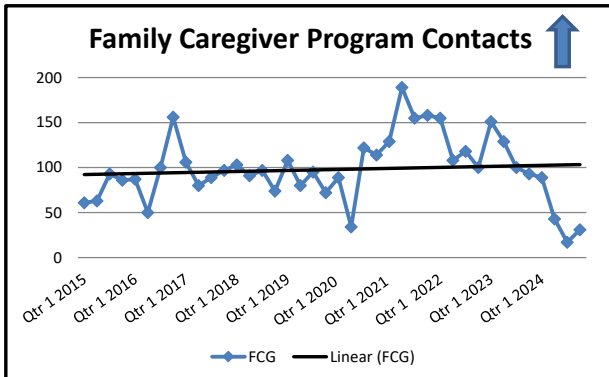
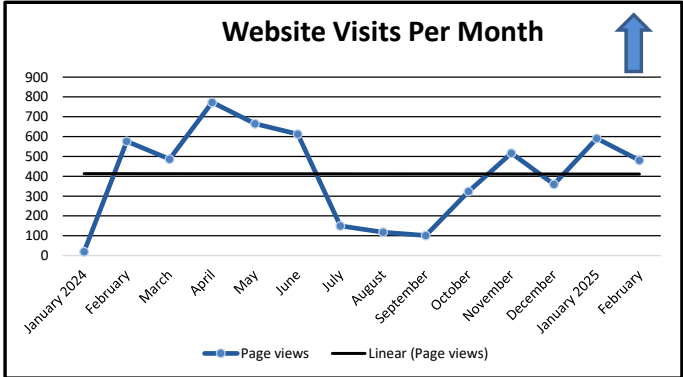
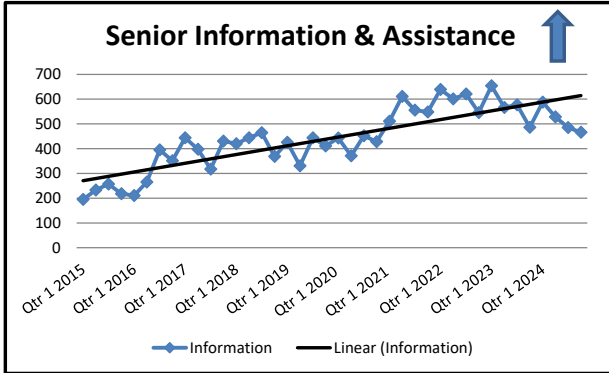
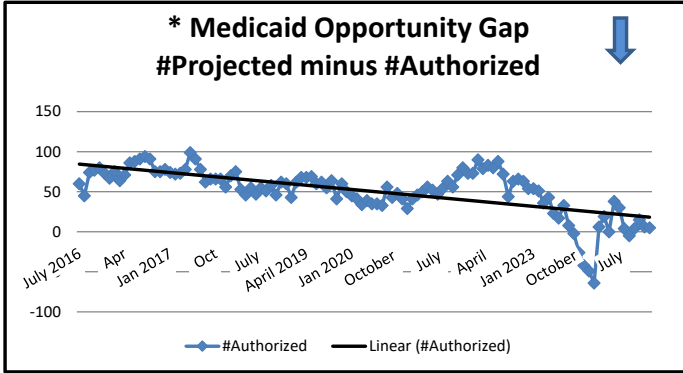
Notes:

Please complete and return to Aging by the 5th of each month -mail or attach to an email.

Mail: 614 Division St., MS-5
Port Orchard, WA 98366

Email: Cristiana at cfillion@kitsap.gov

Aging & Long Term Care Advisory Council Dashboard- March 2025



* 1,146 caseload max

Community Outreach Activities:

March 3: Givens Senior Center (Eric & Davin)

March 13: Brownsville United Methodist, 2:00-3:00pm (Jason & Eric)

March 15: Silverdale Library Senior Resource Fair, 10:00am- Noon (Jason & Dan)

March 27: Kitsap Alliance of Property Owners, 6:00-7:00pm (Jason & Stacey)

March 30: Bainbridge Island Senior Resource Fair, 1:00-4:00pm (Jason & Dana)

2025 Advisory Council Meetings & Activities

January 13	WA Legislature Begins (ends April 27, 2025)
January 15	* Advisory Council from 11:30am- 1:30pm
January 21	* w4a Legislative Training Webinar (Noon-1:00pm)
January 29	* Advisory Council Legislative Planning meeting (10:00-11:00am)
February 4-7:	* w4a Advocacy Days (appointments with elected officials)
February 19 (Wed)	* Advisory Council from 11:30am- 1:30pm
February 20:	* Virtual Spring Senior Lobby event
March 19 (Wed)	* Advisory Council from 11:30am- 1:30pm Topic: PW Accessibility Taskforce, Christy DeGeus
April 16 (Wed)	* Advisory Council from 11:30am- 1:30pm
May 21 (Wed)	* Advisory Council from 11:30am- 1:30pm
May Workshops TBD	<u>May Older Adults Virtual Workshops</u>
June 18 (Wed)	* Advisory Council from 11:30am- 1:30pm
July 16 (Wed)	Optional Picnic
August 20 (Wed)	* Advisory Council from 11:30am- 1:30pm
September 17 (Wed)	* Advisory Council from 11:30am- 1:30pm Tentative Topic: PSRC Transportation, Coordinated Mobility Plan Jean Kim
October 15 (Wed)	* Advisory Council from 11:30am- 1:30pm CANCELLED 2024 AAA & State Council on Aging (SCOA) Conference
October 17 TBD	2024 Fall Senior Lobby Conference
November TBD	Kitsap Caregiver Fall Caregiver Workshops
November 19 (Wed)	* Advisory Council from 11:30am-1:30pm
December 17 (Wed)	* Advisory Council from 11:30am- 1:30pm

*Indicates zoom meeting; hybrid in-person available (as requested)

In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room