

**The following guide lists the essential services for the people with Developmental Disabilities in Kitsap County. Please submit additions, deletions, or modifications to Kitsap County, Department of Human Services, Developmental Disabilities Program at [kmurray@kitsap.gov](mailto:kmurray@kitsap.gov).**

*You can access the guide online at [kitsap.gov](http://kitsap.gov).  
For additional copies of this guide, please call  
360-337-4622*

**If you are looking for specific support for people or families living with disabilities not listed in this directory, please call any of the following numbers.**

Family Resource Coordinator .....	360-373-2536
Kitsap County DD Coordinator.....	360-337-4624
Kitsap County Parent Coalition Coordinator.....	206-486-0300
Kitsap Community Resources .....	360-473-2075

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## **ADVOCACY/DISABILITY SUPPORTS**

**C.H.A.D.D. ADHD Support Group** 360-779-5362

chadd.net

- Support group for children and adults
- Support and information for parents, AD/HD adults, educators, and healthcare professionals

**Dad's Move** 800-736-0979

dadsmove.org

- Family focused, dad driven peer support model offering education, advocacy, and peer support.

**Down Syndrome Support Group of Kitsap County and Surrounding Areas, (UPSIDE)** 360-308-0187

theupside@comcast.net

- Meets monthly, contact for meeting schedule.

**Holly Ridge Center Infant Toddler Program** 360-373-2536

5112 NW Taylor Rd., Bremerton WA 98312

itp@hollyridge.org | hollyridge.org

- Birth to three neurodevelopment early learning center for children and families with special needs

**Kitsap County Family Resource Coordinator** 360-373-2536

5112 NW Taylor Rd., Bremerton WA 98312 | frc@hollyridge.org

- Free developmental screening and referral for infants and toddlers under age three

**Kitsap County Parent Coalition** 206-486-0300

2528 Wheaton Way, Suite 106, Bremerton WA 98310 | kitsapcountyparentcoalition.org

- Advocacy, consulting, newsletter, training, resource navigation

**Kitsap Parent Child Assistance Program (PCAP)** 360-377-0370

4841 Auto Center Way, Suite 103, Bremerton, WA 98312

kitsapcap@agapekitsap.com

- Administered by Agape Unlimited
- Advocacy and case management intervention for high-risk women with maternal alcohol and drug abuse

**Northwest ADA Center** 800-949-4234

nwadacenter.org

- Information, training, and guidance on the Americans with Disabilities Act (ADA)

**Opening Doors for Multicultural Families** 253-216-4479

multicultrualfamilies.org

- Provides culturally and linguistically relevant information, services, and programming to individuals with developmental disabilities and their families.

**Peninsula Alliance** 360-516-0474

3243 N Perry Ave., Bremerton WA 98310 | peninsulaalliance.org

- Provides information and referrals to individuals with developmental disabilities and their families.
- Includes monthly newsletter, Friday Night Social, Recreation and Resident Camp and adult classes.
- Representative payee program, Community Engagement

**People First of Washington** 253-999-7222  
peoplefirstofwashington.org

- Self-advocacy and support
- Local Kitsap chapter, monthly meetings

**South Sound Parent to Parent Program** 360-352-1126  
ssp2p.org

- Parent mentoring, support groups, parent education and sib- shops
- Local coordinator

**Washington PAVE** 253-565-2266  
6316 S. 12th St., Tacoma, WA 98465 | wapave.org

- Parent-directed organization, information, and training available to parents about the educational system for preschoolers and school age children who experience a disability.
- Workshops, referrals, IEP support and information

## **BLINDNESS**

**Able Opportunities, Inc** 206-406-9900  
P.O. Box 468, Hansville, WA 98340 | ableopps.com

- Vocational evaluation, placement and retention, independent living assessments and training
- Communication consultation for those supporting nonverbal individuals, specialization: sensory loss.

**Department of Services for the Blind** 800-552-7103  
dsb.wa.gov

- Independent living, vocational rehabilitation, orientation, training Assistive technology training/services, family services

**Kitsap Regional Library** 360-447-5480  
1301 Sylvan Way, Bremerton, WA 98310 | krl.org

- Computers dedicated for use by people with visual disabilities.
- online catalog accessible to visually impaired users
- Training available for using systems.
- Large print and audio books

**LS&S Group** 800-468-4789  
lssproducts.com

- Catalog specializing in products for the visually and hearing impaired.

**NW Lions Foundation For Sight and Hearing** 206-838-4668  
nlfoundation.org

- Eyeglasses and vision exams for low-income residents
- Eye tissue bank accepts donated eyeglasses and hearing aids.

- Olympic College**  
 -Adaptive Technology 360-475-7510  
 -Student Disability Services 360-475-7540  
 1600 Chester Ave., Bremerton WA 98337  
 Olympic.edu | disabilityservices@olympic.edu
- Academic accommodations, adaptive technology for students with disabilities
- Washington Council of the Blind** 800-255-1147  
 wcbinfo.org mekawh@gmail.com
- Local chapter of WA Council of the Blind
  - Public awareness, education, provides vision loss support group.
  - Opportunities for community participation, recreation, and vocation
- Washington State School for the Blind** 360-696-6321  
 wssb.wa.gov | 2214 E 13th Street, Vancouver WA 98661-4120
- On-campus programs at no cost to parents and districts
  - Lions Low Vision Clinic, Instruction Resource Center, Braille Production and Statewide Technology Center
- Washington Talking Book and Braille Library** 800-542-0866  
 2021 9th Avenue, Seattle WA 98121-2783 | wtbb.org
- Free, statewide public library service for individuals with disabilities
  - Books and magazines, large print, or Braille available

## **CHILDREN'S THERAPY SERVICES**

- Easter Seals Olympic Peninsula Autism Center** 360-337-2222  
 3100 Bucklin Hill Rd NW, Suite 215, Silverdale, WA 98383  
 easterseals.com/Washington
- Applied Behavior Analysis (ABA) services provided to children with Autism, birth to age 18.
- Holly Ridge Center** 360-373-2536  
 5112 NW Taylor Rd., Bremerton WA 98312  
 hrc@hollyridge.org | hollyridge.org
- Mary Bridge Children's Eye Center - Silverdale** 253-792-6630  
 9800 Levin Rd NW, Suite 208, Silverdale, WA 98383 | marybridge.org
- Mary Bridge Children's Hospital** 253-403-1400  
 311 S. L St., Tacoma WA 98405 | multicare.org/marybridge
- Seattle Children's Hospital** 866-987-2000  
 -Family Resource Center 206-987-2201  
 4800 Sand Point Way NE, Seattle WA 98105 | seattlechildrens.org
- Winlock Pediatrics, LLC** 564-234-3327  
 19540 Front St NE, Poulsbo WA 98370 | winlockpediatrics.com
- Autism center of excellence in Kitsap County

- Provides developmental assessments to establish or confirm an ASD diagnosis and develop a treatment plan.

## OCCUPATIONAL THERAPISTS

**Apple Tree Therapy, LLC** 360-286-2351  
 9951 Mickelberry Rd NW, Suite 123 | appletreeot.com

- Provides occupational therapy treatments for children with special needs (autism, sensory processing disorders, ADHD, learning disabilities and developmental delays)

**Center for Therapeutic Intervention** 253-851-3874  
 6659 Kimball Dr., Suite D-403., Gig Harbor WA 98335 | ctig Harbor.com

- Pediatric occupational therapy clinic

**Elk's Therapy Program** 253-472-6223  
 P.O. Box 110760, Tacoma WA 98411 | waelks.org

- Provides home-based occupational and physical therapy to children with disabilities.

## PHYSICAL THERAPISTS

**Kitsap Children's Therapy** 360-697-2228  
 19319 7th Ave, Suite 104, Poulsbo WA 98370 | kitsapchildrenstherapy.com

- Pediatric children's therapy, speech, and OT

## SPEECH THERAPISTS

**Children's Hospital Speech and Language** 206-987-2104  
 4800 Sand Point Way NE, Seattle WA 98105 seattlechildrens.org

**Hearing, Speech, and Deafness Center (HSDC)** 888-222-5036  
 -Seattle

hcdc.org

- Services for deaf and hard of hearing children
- Audiology services (including infants) and hearing aids.

**Mary Bridge Speech and Hearing** 253-697-5200  
 1220 Division Ave., Tacoma WA 98403 | marybridge.org

**Tacoma Speech and Language Clinic** 253-472-6454  
 5005 Center St., Suite H, Tacoma WA 98409

## CLOTHING/FOOD

- Helpline House Bainbridge Is** 206-842-7621  
282 Knechtel Way, Bainbridge Island WA 98110 | helplinehouse.org
- North Kitsap Fishline** 360-779-5190  
19705 Viking Ave NW., Poulsbo WA 98370 | fishlinehelps.org
- Food bank, thrift store, housing assistance
- S. Kitsap Helpline** 360-876-4089  
1012 Mitchel Ave, Port Orchard WA 98366 | skhelpline.org
- Food bank and other assistance
- Salvation Army** 360-373-5550  
832 6th St., Bremerton WA 98337 | bremerton.salvationarmynw.org
- St. Vincent de Paul** 360-377-2929  
1137 N Callow, Bremerton WA 98312
- Food bank and assistance office
  - Thrift store

## DEAFNESS

- Able Opportunities, Inc** 206-404-9900  
P.O. Box 468, Hansville, WA 98340 | ableopps.com
- Vocational evaluation, job placement and retention, independent living assessments and training
  - All services available in ASL, American Sign Language
- Early Hearing Loss, Detection, Diagnosis, and Intervention Program** 206-418-5613  
1610 NE 150th St., Shoreline WA 98155
- WA state DOH genetic services section
  - Contact: EHDDI Program Consultant, ehddi2@doh.wa.gov
- Hearing, Speech, and Deafness Center (HSDC)**
- Seattle 888-222-5036  
-Tacoma 866-421-5560
- hsdc.org
- Services for deaf and hard of hearing children
  - Audiology services (including infants) and hearing aids.
- Holly Ridge Center** 360-373-2536  
5112 NW Taylor Rd., Bremerton, WA 98312  
hollyridge.org | hrc@hollyridge.org
- Birth to three Neurodevelopmental Clinic and Preschool serving families and children with special needs.
- Kitsap County Family Resource Coordination** 360-373-2536  
5112 NW Taylor Rd., Bremerton, WA 98312 | frc@hollyridge.org
- Free developmental screening and referral for infants and toddlers under age three

**N.W. Lions Foundation for Sight and Hearing** 206-838-46668  
nlfoundation.org | info@nlfoundation.org

- Accepts donated hearing aids.

**Office of the Deaf & Hard of Hearing (ODHH)** 800-422-7930  
dshs.wa.gov/altsa

- Services for persons who are deaf, hard of hearing, deaf-blind or hearing with a speech disability

**Olympic College**

-Adaptive Technology 360-475-7510

-Student Disability Services 360-475-7540

1600 Chester Ave., Bremerton WA 98337 disabilityservices@olympic.edu

olympic.edu

- Access, academic accommodations, adaptive tech for students with disabilities

**EDUCATION**

**Bainbridge Island School District Special Education** 206-780-1052  
bisd303.org

**Bremerton School District Special Services Department** 360-473-1000  
bremertonschools.org

**Central Kitsap School District Special Services Department** 360-662-1610  
ckschools.org

**Disabilities, Opportunities, Internetworking  
And Technology (DO-IT) (V/TTY)** 206-685-3648

washington.edu/doit

- Grant funded program that focuses on college and career preparation for students with disabilities.
- Information, training for employers and educators

**Going-to-College.org**

- Information about living college life with a disability.
- Designed for high school students and provides video clips, activities and additional resources that can help students get a head start in planning for college.

**Kitsap Community Resources,**

**Head Start/ Early Childhood Education Program** 360-377-0053  
1201 Park Avenue, Bremerton WA 98337

- Serving ages birth to 5 years
- Early health & childhood development services

**Kitsap County Parent Coalition** 206-486-0300  
Wheaton Way, Suite 106, Bremerton 98310 | kitsapcountyparentcoalition.org

- Advocacy, consulting, newsletter, training

**North Kitsap School District Special Education** 360-396-3000  
nkschools.org

**Office of the Education Ombudsman** 866-297-2597  
oeo.wa.gov

- Resolves complaints, disputes and problems between families and WA State



elementary and secondary public schools.

**Olympic College**

-Adaptive Technology 360-475-7510

-Student Disability Services 360-475-7540

1600 Chester Ave., Bremerton WA 98337 | disabilityservices@olympic.edu | olympic.edu

- Access, academic accommodations, adaptive technology for students with disabilities

**Olympic ESD 114**

360-479-0993

105 National Ave. N, Bremerton WA 98312 | Oesd114.org

- Serving the Olympic and Kitsap Peninsulas
- HeadStart, EHS and ECEAP, 360-478-6889
- Special Services, 360-478-6886

**Seattle University, Center for Change in Transition Services**

206-296-6494

PO Box 222000, Seattle, WA 98122-1090

seattleu.edu/ccts

- Technical assistance and training provided to school districts addressing transition needs of students with disabilities.

**South Kitsap School District Office of Special Services**

360-443-3629

skschools.org

**Special Education Technology Center**

509-963-3350

Central Washington University cwu.edu/setc

- A statewide project designed to assist school districts with the special technology needs of their students by providing technology resources that are otherwise difficult to find or access

**Superintendent of Public Instruction**

360-725-6000

k12.wa.us

**Washington PAVE**

253-565-2266

6316 S. 12th St., Tacoma, WA 98465 | wapave.org

- Parent-directed organization, information, and training available to parents about the educational system for preschoolers and school age children with special needs
- Workshops, referrals, and support

**West Sound Technical Skills Center**

360-473-0550

101 National Avenue N, Bremerton WA 98312 | westsoundtech.org

- Serving all high school students; vocational training classes
- Must be referred through high school.

**EMPLOYMENT/ COMMUNITY INCLUSION**

**Able Opportunities, Inc**

206-406-9900

P.O. Box 468, Hansville, WA 98340 | ableopps.com

- Vocational evaluation, placement, and retention
- Communication consultation for those supporting nonverbal individuals,

- specialization: sensory loss.
  - Contact agency for WIN, a job placement program at local hospital
  - All services available in American Sign Language
- Bainbridge Island Youth Services** 206-842-9675  
askbys.org
- Job referrals, counseling, serves young people ages 12-20, must live on the Island or North Kitsap
- BenefitU** 206-312-1099  
benefitu.org
- Information and resources related to federal and state benefit programs.
  - Benefits planning and referral support for eligible Washington residents.
- Cares of Washington** 206-938-1253  
caresofwa.org
- Short and long-term individual supported employment and community inclusion services
- Easter Seals Washington** 360-997-6017  
2528 Wheaton Way, Suite 106, Bremerton WA 98310 | easterseals.com/Washington
- Supported individual employment, community inclusion services.
- Holly Ridge Center** 360-373-2536  
5002 Kitsap Way, Suite 200, Bremerton WA 98312 | hollyridge.org
- Individual employment, job placement and retention services
- Kitsap Community Resources** 360-478-2301  
kcr.org/employment
- Employment and training, community service
  - AmeriCorps 360-473-2015
  - SK Family Service Center - WorkSource affiliated 360-473-2144
- Pathways to Success/WorkSource** 360-515-1001  
3120 NW Randal Way, Silverdale, WA 98383 | Oesd114.org
- Academic support, job training, career development for youth ages 16-21
- Peninsula Services** 360-373-1446  
400 Warren Ave., Suite 150, Bremerton, WA 98310 | peninsulaservices.org
- Individual employment, vocational rehabilitation, job development and placement services
- Plan to Work** 866-497-9443  
plantowork.org
- Benefits planning for persons receiving disability benefits from the Social Security Administration (SSA)
- Skookum** 360-475-0756  
skookum.org
- Helps people with disabilities obtain and maintain jobs with employers that match their skills, interest, and abilities
- Sound Works Job Center**, Poulsbo 360-779-1160  
19705 Viking Avenue, Poulsbo WA 98370
- Non-profit employment services and resources, job listings
- Trillium** 360-698-6659

3501 Lowell St, Suite 101, Silverdale, WA 98383 | trillium.org

- Provides individualized employment services including job development, job coaching and retention services.

**Vadis** 360-516-6484

3381 NW Bucklin Hill Rd, Suite B, Silverdale, WA 98383 | vadis.org

- Provides customized employment services including job development, job coaching and retention services.

**Washington Initiative for Supported Employment WISE** 206-343-0881  
gowise.org

- Dedicated to expanding employment opportunities for people with developmental disabilities.
- Training, technical assistance, informational resources

**WorkSource** 360-516-1001

3120 NW Randall Way, Silverdale, WA 98382 | kitsapgov.com

- Job listings, career exploration and resume software, job skills workshops, career counseling

## **FINANCIAL**

**BenefitU** 206-312-1099

benefitu.org

- Information and resources related to federal and state benefit programs
- Benefits planning and referral support for eligible Washington residents.

**Jones and Ibrahim, PLLC** 206-405-3240

3513 NE 45th St., Suite 2E, Seattle WA 98105 | Seattledisabilitylaw.com

- Estate planning for families with special needs children
- Special needs trusts
- Guardianship services, initially and ongoing reports to the court

**Developmental Disabilities Endowment Trust Fund** 888-754-8798

arcwa.org

- Allows individuals with developmental disabilities and their families to set aside funds for future use without affecting their eligibility for government benefits and services.

**Northwest Access Fund** 206-328-5116

nwaccessfund.org

- Low interest loans for any type of assistive technology device or services, as well as vehicle and home modifications

**Plan to Work** 866-497-9443

plantowork.org

- Planning services for individuals with Social Security Disability benefits

**Security Financial Services** 360-874-7975

1307 Bay Street, Port Orchard, WA 98366

- Social Security representative payee services

## **GOVERNMENTAL/COUNTY/TRIBAL SUPPORTS**

- Department of Social and Health Services (DSHS), Community Services Office** 877-501-2233  
4710 Auto Center Blvd, Bremerton, WA 98312
- Food stamps, financial and medical assistance
- DSHS, Adult Protective Services** 877-734-6277
- Investigates allegations of abuse, neglect, abandonment, and financial exploitation of vulnerable persons over the age of 60, individuals 18 and over with disabilities, information, and referral
- DSHS, Aging and Long-Term Support Administration** 360-725-2300  
dshs.wa.gov/altsa
- DSHS, Division of Children and Family Services, Child Protective Services** 360-842-2323  
4210 Wheaton Way, Suite 100, Bremerton WA 98310
- Primary intake points for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18.
- DSHS, Developmental Disabilities Administration (DDA)** 360-405-7800  
710 Auto Center Blvd., Bremerton, WA 98312 | dshs.wa.gov/DDA
- Intake, information and referral, case/resource management, residential, community and employment support, eligibility assessments for personal care services
- DSHS, Division of Vocational Rehabilitation (DVR)** 360-405-7810  
4710 Auto Center Blvd., Bremerton WA 98312 | dshs.wa.gov/DVR
- Post high school assessment, education, placement, training, eligibility for services, referrals, case management, employment training and assistance.
- DSHS, Health Care Authority** 800-562-3022  
hrsa.wa.gov
- Free or low-cost health care
- DSHS, Working Connections Childcare** 844-626-8687  
4710 Auto Center Blvd., Bremerton, WA 98312 dcyf.wa.gov
- Childcare subsidy for working parents.
  - Contact agency for eligibility and program requirements
- Kitsap County Developmental Disabilities** 360-337-4624  
614 Division St. MS-23, Port Orchard WA 98366 kitsapgov.com
- Funding for day and employment programs; responsible for community plan; advocacy; coordination of services
- Port Gamble S'Klallam Tribe** 360-297-2646  
pgst.nsn.us
- Various services available through different departments including early childhood education; child and family services; career and education; and health services to support enrolled tribal members and their families.
- Social Security Administration** 800-772-1213  
9594 Mickleberry Rd. NW, Silverdale, WA 98383 | socialsecurity.gov

- Financial assistance; Social Security Income (SSI) disability and Social Security Disability Insurance (SSDI)

**Suquamish Tribe**

360-598-3311

suquamish.nsn.us

- Variety of available services provided through different departments including education; community development; family and friends center; human services; health division and wellness center to support the Suquamish community.

**Washington State Information**

wa.gov

- Official website of Washington State, with easy access to online state services and government agencies.

**HOUSING/LIVING ASSISTANCE**

**Bremerton Housing Authority**

360-479-3694

600 Park Ave, Bremerton WA 98310 | [bremertonhousing.org](http://bremertonhousing.org)

- Applications for public housing, housing for people with disabilities, home ownership programs

**Catholic Social Services Benedict House, Single Men’s Shelter**

360-377-6136

- Contact for eligibility requirements and available program services.

**City of Bremerton**

360-377-7738

[bremertonwa.gov](http://bremertonwa.gov)

- Down payment assistance program for first time, income eligible home buyers; home rehabilitation program
- Contact program for eligibility requirements

**Communitas**

360-377-7231

920 Park Ave., Bremerton WA 98337 | [communitas.org](http://communitas.org)

- Group homes, apartment programs, tenant support; recreational support serves adults over 18 years of age.

**Habitat for Humanity of Kitsap County**

360-479-3853

3581 Wheaton Way, Bremerton WA 98312 | [kitsaphabitat.org](http://kitsaphabitat.org)

**Housing Kitsap**

360-535-6100

2244 NW Bucklin Hill Rd., Silverdale 98383 [housingkitsap.org](http://housingkitsap.org)

- Applications for public housing; housing for people with disabilities, home ownership programs

**Housing Resources Board (HRB)**

206-842-1909

[Housingresourcesbi.org](http://Housingresourcesbi.org)

- Non-profit agency that provides low-income rental housing on Bainbridge Island
- Independent living program that provides health and safety related home modifications
- Home share program that matches folks with rooms to rent in their homes with those looking for lower cost housing.

**Kitsap Community Resources**

360-473-2035

1201 Park Ave., Bremerton WA 98337 | [kcr.org](http://kcr.org)

- Housing assistance, transition housing, weatherization
- Energy assistance, 360-479-1507

- Kitsap Residences, Port Orchard** 360-876-1470  
 2505 Mile Hill Drive, unit 201, Port Orchard, WA 98366 | kitsapresidences.org
- Apartment programs, tenant support, community integration, recreational support for persons with developmental disabilities
- Kitsap Tenant Support Services (KTSS)** 360-377-7307  
 2540 Cascades Pass Blvd #100, Bremerton WA 98312  
 kitsaptenantsupportservicesinc.com
- Assisted living alternatives, supported living assistance and recreational support for persons with developmental disabilities
- Low Income Energy Assistance (LEAP)** 360-479-1507  
 kcr.org
- Program assists income-eligible renters and homeowners by providing financial assistance to pay their electric, natural gas and heating bills.
- Max Hale Center** 360-792-2117  
 285 5th Street, Bremerton WA 98337
- Non-emergency, permanent housing for homeless and income- eligible persons
- St. Vincent De Paul** 360-473-2035  
 1137 North Callow, Bremerton WA 98312
- Women’s shelter, contact for eligibility requirements
- Telephone Assistance Program**  
 lifewireless.com
- Life Wireless provides free phone service as well as free government phones with qualifying enrollment through the Lifeline phone program.

## **INFORMATION AND REFERRAL**

- Salish Regional Crisis Line** 888-910-0416  
 imhurting.org
- Comprehensive community resource information
  - Listening ear, crisis intervention
- The Childcare and Action Council** 360-786-8907  
 ccacwa.org
- Childcare resource and referral
- Kitsap Regional Library** 360-447-5480  
 1301 Sylvan Way, Bremerton WA 98310 | krl.org
- Local and national resource database
- Lutheran Community Services NW Navy EFM Respite Care** 800-424-2246  
 lcsnw.org
- Respite care for active-duty navy families with EMF children
- Senior Information and Assistance** 360-337-5700  
 agingkitsap.com
- Information and referral for senior programs and services
- Peninsula 211** 211  
 wa211.org
- Community and state-wide information and referral assistance
- Washington PAVE** 253-565-2266

wapave.org | 6316 S 12th St., Tacoma WA 98465

- Comprehensive listing of state and national phone numbers for many disabilities and disability issues

## **LEARNING DISABILITIES**

**Front Street Clinic** 360-697-1141

frontstreetclinic.com

- Testing for learning disabilities for adolescents 18 and under as well as adults

**Hope Clinic** 360-613-0181

9633 Levin Rd NE, Suite 201, Silverdale WA 98383 | hopecliniconline.com

- Free testing for learning disabilities

**Learning Disabilities Association of Washington** 425-882-0820

ldawa.org

- Online directory to help those affected by learning disabilities find resources within the greater Puget Sound region.

**Learning Disabilities Online**

ldonline.org

- Web-based information and resource site related to learning disabilities.

## **LEGAL**

**Crime Victim Support Services** 425-252-6081

- Free advocacy service for victims/survivors of robbery, assault, abuse, fraud, and other crimes

**Developmental Disabilities Endowment Trust Fund** 888-754-8798

arcwa.org

- Special needs trust accounts for individuals with developmental disabilities
- State matching funds available

**Disability Rights Washington** 800-562-2702

disabilityrightswa.org | info@dr-wa.org

- Legal and information services

**Dispute Resolution Center of Kitsap County** 360-698-0968

9004 Washington Ave., Silverdale, WA 98383 | kitsapdrc.org

- Mediation and conciliation, and problem-solving services

**Jones and Ibrahim, PLLC** 206-405-3240

Seattledisabilitylaw.com

- Estate planning for families with special needs children
- Special needs trusts
- Guardianship services, initially and ongoing reports to the court

**Kitsap Legal Services** 360-479-6125

kitsaplegalservices.org

- Legal referral, works in conjunction with the NW Justice Project

**NW Justice Project, CLEAR Hotline** ..... 888-201-1012

nwjustice.org

- Free legal referral and information services

- U.S. Dept. of Housing and Urban Development, Fair Housing Enforcement** 800-669-9777  
[hud.gov/complaints](http://hud.gov/complaints)  
 • Handles complaints related to housing discrimination.
- U.S. Dept. of Justice, Equal Employment Opportunity Commission (EEOC)** 800-669-4000  
[eeoc.gov](http://eeoc.gov)  
 • Interprets and enforces employment regulations of the ADA.
- Washington Lawhelp**  
[washingtonlawhelp.org](http://washingtonlawhelp.org)  
 • Web-based legal information site
- YWCA, Bremerton/Port Orchard** 360-479-0491  
 905 Pacific Ave, Bremerton WA 98337 | [ywcakitsap.org](http://ywcakitsap.org)  
 • Legal and family advocacy.

## **MEDICAL/DENTAL**

- Directory of Dentists for Children with Developmental or Special Needs**  
[wsda.org/public/special-needs-directory](http://wsda.org/public/special-needs-directory)
- HealthCare for Workers with Disabilities (HWD)** 800-871-9275  
[dshs.wa.gov](http://dshs.wa.gov)  
 • Medical state program that allows workers with disabilities to purchase Medicaid coverage.
- KCHELP** 360-329-2461  
[kchelp.org](http://kchelp.org)  
 • Hospital equipment lending program
- Kitsap Public Health District** 360-728-2235  
 345 6th St., Suite 300, Bremerton, WA 98337 | [kitsappublichealth.org](http://kitsappublichealth.org)  
 • Immunization, public health nurse, children with special health care needs
- Kitsap County Medical Society** 360-698-2928  
[kcmedical.org](http://kcmedical.org)  
 • County-wide referral line to Kitsap County physicians, grievance committee, mediation services
- ABC Dental** 360-373-3487  
 4207 Wheaton Way, Suite C, Bremerton, WA 98310 | [abcd-dental.org](http://abcd-dental.org)  
 • Accepts Medicaid coupons.
- Peninsula Community Health Services** 360-377-3776  
[pchsweb.org](http://pchsweb.org)  
 • Medical/assistance, dental services for children under 19 (at the Bremerton clinic only), sliding fee schedule.  
 • Multiple locations throughout Kitsap County
- Sexual Assault Nurse Examiner (S.A.N.E.)** 360-744-8800  
[vmfh.org](http://vmfh.org)  
 • Medical services, assistance, and exams to victims of sexual assault
- Washington Apple Health for Kids** 800-562-3022



wahealthplanfinder.org

- A Washington State initiative aimed at streamlining applications for children's medical insurance.
- Administered locally by the Kitsap County Health District

**University of Washington, DECODE Clinic**

206-543-4619

dental.washington.edu

- Dental treatment, prevention, and rehabilitation for persons with disabilities

## **MENTAL HEALTH SERVICES/ SUPPORTS**

**Bridges Mental Health Ombuds Service**

360-698-1582

9004 Washington Ave NW, Silverdale, WA 98383 | kitsapdrc.org

- Advocacy for persons who are receiving or eligible to receive publicly funded mental health services.

**Courage to Heal Counseling Services**

360-779-4880

18732 Ness PI NE, Poulsbo, WA 98370

- Serves children and adults, sliding fee scale.

**Lou-Ann Lauborough, LICSW**

360-275-2377

lauborough-counseling.com

- Counseling and consultation services for individuals with developmental disabilities

**Kitsap Mental Health Services**

360-373-5031

kitsapmentalhelath.org

- Comprehensive mental health services
- Locations throughout Kitsap County

**Kitsap Sexual Assault Center**

360-337-9773

600 Kitsap St., Port Orchard, WA 98366

- Information, crisis intervention, counseling, support groups, legal and medical advocacy

**Olympic Peninsula Autism Center**

360-337-2222

3100 NW Bucklin Hill Rd Ste 215, Silverdale, WA 98383

easterseals.com/Washington

- Provides Applied Behavioral Analysis (ABA) services to support children birth to age 18 with Autism Spectrum Disorder

**NAMI, Kitsap County**

namikitsap.org

- Affiliate of National Alliance for the Mentally Ill
- Advocacy, support groups, education, information, and referral

**Salish Behavioral Health Organization**

360-337-7050

614 Division St., Port Orchard, WA 98366

- Plans and administers state funded programs for children and adults with persistent and severe mental illness in Kitsap, Jefferson, and Clallam counties

**Salish Regional Crisis Line**

888-910-0416

imhurting.org

- Comprehensive community resource information
- Listening ear, crisis intervention

**YWCA,**

-Bremerton/Port Orchard  
-24 Hr. Hotline

360-479-0522  
800-500-5513

905 Pacific Ave, Bremerton, WA 98337 | ywcakitsap.org

- ALIVE shelter for women and children who are victims of domestic violence.
- Legal advocacy, support groups and youth services

**MILITARY SUPPORTS**

**Disabled American Veterans, Chapter 5**

360-373-2397

2315 Burwell Street, Bremerton WA 98312

- Resources, information, and assistance for veterans

**Kitsap County Parent Coalition**

206-486-0300

2528 Wheaton Way, Suite 106, Bremerton WA 98310

kitsapcountyparentcoalition.org

- Information and referral for military programs and services

**Kitsap County Veterans Assistance**

360-337-4811

kitsapgov.com

- Provides information and assistance to veterans.

**Madigan Army Medical Center**

253-968-1110

9040 Jackson Ave, Tacoma, WA 98431 | madigan.tricare.mil

**Naval Hospital Bremerton**

360-475-4000

Exceptional Family Member Program

360-475-4205

bremerton.tricare.mil

**Navy Relief Society Naval Base Kitsap Bremerton**

360-672-2187

nmcrs.org

- Family assistance, interest free loans/grants for emergency needs to active duty and retired navy/marine corps families/ dependents

**Navy Sexual Assault Prevention and Response (SAPR)**

877-995-5247

Advocacy, information, referral, and counseling

- Assistance with obtaining civilian and military protective orders.

**Specialized Training for Military Parents /STOMP**

253-565-2266

wapave.org

**West Sound Fleet and Family Support Centers**

866-854-0638

kitsap.navylifepnw.com

- General social services for families or Navy personnel

**PERSONAL/RESPITE CARE**

**Alta Vista Integrated Life Services**

360-355-8969

altavistalife.com

- Adult and child respite care
- DDA contracted respite provider.

**Bainbridge Island Special Needs Foundation, Stephens House**

206-780-1211

105 Winslow Way West, Bainbridge Island, WA 98110

bispecialneedsfoundation.org

- Daily activity program and Community Engagement services
- DSHS licensed respite care provider

**Caregiver Support Ctr/Caregiver Respite** 360-337-5700

kitsapgov.com

- Respite provided to informal, unpaid caregivers, contact program for eligibility criteria.
- Resource library, counseling, information, and referral

**Catholic Community Services** 360-792-2020

5610 Kitsap Way, Suite 320, Bremerton, WA 98337 ccsww.org

- Long-term home care services, volunteer chore services and foster grandparents program

**Communitas** 360-377-7231

920 Park Ave., Bremerton, WA 98337 | communitas.org

- Non-medical in-home personal care supports to adults with disabilities.

**Easterseals WA Gateway Adult Services** 360-377-9810

easterseals.com/Washington | 4414 Perry Ave NE Bremerton, WA 98310

- Provides respite services in a community setting.

**Kitsap Applied Technologies** 360-377-5454

4195 Wheaton Way, Bremerton WA 98310 | katkitsap.org

- Provides adult respite services for persons with developmental disabilities.

**Kitsap Home Care Services** 360-377-7307

2540 Cascades Pass Blvd, #100, Bremerton, WA 98312 | kitsaphomecare.com

- Non-medical personal care and respite services available to the elderly, children, and adults with disabilities

**Lutheran Community Services NW** 253-272-8433

645 4th St, Suite 202, Bremerton, WA 98337 lcsnw.org

- Non-medical in-home personal care supports to the elderly and adults with disabilities.

**Martha and Mary at Home** 360-626-7840

marthaandmary.org/home-care

- Provides in-home care to adults and seniors.

**The Shepherd's Hand LLC** 360-769-3122

theshepherdshand.org

- Community Engagement and respite services

## **PROTECTION/SUPPORTS**

**DSHS, Adult Protective Services** 877-734-6277

dshs.wa.gov/altsa/adult-protective-services

- Investigates allegations of abuse, neglect, abandonment, and financial exploitation of vulnerable persons over the age of 60 and individuals 18 and over with disabilities

**DSHS, Division of Children and Family Services,**

- Child Protective Services** 888-713-6115  
 dcyf.wa.gov
- Primary intake points for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18.
- Disability Rights Washington** 800-562-2702  
 disabilityrightswa.org
- Protection and advocacy for individuals with disabilities and /or mental illness
- Developmental Disabilities Ombuds** 833-727-8900  
 DDOmbuds.org
- Information and referral; complaint resolution; system improvement for individuals with I/DD receiving services through DDA.
- Washington State Office of Long-Term Care Ombudsman Program V/TTY** 800-562-6028  
 waombudsman.org
- Protection/advocacy for individuals living in boarding homes, adult family homes, IMR's, congregate care facilities, nursing homes.
  - Kitsap County Ombuds 360-337-5714
- Washington State Office of the Family and Children Ombudsman** 206-439-3870  
 ofco.wa.gov
- Investigates complaints about an agency action or failure to act in cases involving any child at risk of abuse or neglect; a child or family involved with child protection or child welfare services.

## **RECREATION/LEISURE**

- Peninsulas Alliance** 360-516-0474  
 3243 N Perry Ave., Bremerton WA 98310 | peninsulaalliance.org
- Friday night dance/social for people with disabilities, classes
- Bainbridge Island Special Needs Foundation, Stephens House** 206-780-1211  
 105 Winslow Way, Bainbridge Island, WA 98110 | bispecialneedsfoundation.org
- Day program facility for young adults with developmental disabilities that focuses on life-enhancing activities while providing respite for caregivers.
- Easter Seals Washington, Camp Stand By Me** 253-884-2722  
 17809 Vaughn Rd. KPN, Vaughn, WA 98394-0313  
 easterseals.com/Washington
- Camping and recreation
- Outdoors for All** 206-838-6030  
 outdoorsforall.org
- Year-round recreational activities
- Special Olympics** 206-362-4949  
 specialolympicswashington.org
- Ongoing participation in sporting events

- Vitalize Kitsap** 206-842-5594  
6894 NE Seabold Church Rd, Bainbridge Island, WA 98110 | Vitalizekitsap.org
- Community Engagement services, specialized habilitation, and peer activities
- YMCA, Bremerton** 360-377-3741  
2261 Homer James Dr., Bremerton, WA 98310 | ymcapkc.org
- Variety of recreation and sports activities, membership assistance available
- YMCA, Silverdale** 360-698-9622  
3909 NW Randall Way, Silverdale, WA 98383 | ymcapkc.org
- Recreational and sports activities, membership assistance available

## **SERVICES FOR CHILDREN WITH I/DD**

- Answers for Special Kids Line (ASK)** 847-607-1612  
answersforspecialkids.org
- Assists families with children who have special needs locate local and state resources.
- DSHS, Developmental Disabilities Administration** 360-405-7800  
4710 Auto Center Blvd., Bremerton WA 98312 | dshs.wa.gov/dda
- Holly Ridge Center Infant Toddler Program** 360-373-2536  
5112 NW Taylor Rd., Bremerton WA 98312 hollyridge.org  
itp@hollyridge.org
- Birth to three neurodevelopment clinic and pre-school serving children and families with special needs.
- Kitsap Community Resources Head Start/ECEAP** 360-377-0053  
1201 Park Ave., Bremerton WA 98337 kcr.org
- Countywide full day HeadStart and daycare
  - Wrap-around program option
- Kitsap County Family Resource Coordination** 360-373-2536  
5112 NW Taylor Rd., Bremerton, WA 98312 | hollyridge.org
- Free developmental screening and referral for infants and toddlers under age three
- Kitsap Public Health District** 360-728-2235  
kitsappublichealth.org
- Offers parent/child health services.
- Olympic ESD 114 Head Start/ECEAP** 360-478-6889  
105 National Ave. N, Bremerton WA 98312 | Oesd114.org
- Paratransit Services** 800-933-3468  
paratransit.net  
4810 Auto Center Way, Suite Z, Bremerton WA 98312
- Port Gamble S'Klallam Tribe** 360-297-6300  
31912 Little Boston Road NE, Kingston WA 98346 | pgst.nsn.us
- Early childhood programs, early HeadStart infant/toddler services
  - HeadStart pre-school, extended day childcare

<b>Seattle Children's Autism Center</b>	206-987-8080
seattlechildrens.org/clinics-programs	
• Assessment, diagnosis, treatment, and support.	
<b>Specialized Training for Military Parents/ STOMP</b>	253-565-2266
wapave.org	
<b>Shriner's Hospital for Children</b>	
shrinershq.org	
-National Information	800-237-5055
-Portland	503-241-5090
-Spokane	509-455-7844
<b>UW Autism Center</b>	206-221-6806
depts.washington.edu	
• Evaluation, treatment, training, and research	
<b>UW Center on Human Development &amp; Disability (CHDD)</b>	206-598-4317
uwmedicine.org	
<b>Washington Apple Health for Kids</b>	800-562-3022
wahealthplanfinder.org	
<b>Washington Elks Therapy</b>	800-825-3557
waelks.org	
• Children's occupational and physical therapy services	
<b>WA PAVE</b>	253-565-2266
wapave.org	
• Facilitates programs for families of children with special needs.	
<b>Washington Sensory Disability Services</b>	360-947-3297
wdsd.wa.gov	
• Assists children who are deaf or hard of hearing, blind or visually impaired, or deaf-blind, by providing training and other support to families and service providers.	

## **SUPPORTS (General Community)**

<b>Agape Unlimited</b>	360-373-1529
4841 Auto Center Way, Bremerton WA 98312 agapekitsap.org	
• State-certified chemical dependency out-patient treatment facility	
• On-site childcare	
• Transitional housing	
• Everything from intensive out-patient counseling to after care	
<b>Caregiver Support Center and Caregiver Respite</b>	360-337-5700
9729 Silverdale Way, Silverdale, WA 98383	
kitsapgov.com/altc	
• Resource library, counseling, information, and referral.	
<b>Kitsap Adult Center for Education</b>	360-602-0014
725 Kitsap St., Port Orchard, WA 98366	
• Individual tutoring in reading skills	
• Computer labs, year-round GED preparation classes, ESL	

- Kitsap Recovery Center** 360-337-4625  
[kitsapgov.com](http://kitsapgov.com)
- Substance abuse in-patient services.
  - Outpatient services, detox
- Lutheran Community Services NW** 253-272-8433  
 645 4th St., Suite 202, Bremerton WA 98337 | [lcsnw.org](http://lcsnw.org)
- Respite services for caregivers, home care
- The Parenting Place** 360-377-0053  
 1201 Park Ave., Bremerton, WA 98337 | [kcr.org](http://kcr.org)
- Parenting classes
- West Sound Treatment Center** 360-876-9430  
 4060 Wheaton Way, Bremerton, WA 98310 | [westsoundtreatmentcenter.org](http://westsoundtreatmentcenter.org)
- Out-patient substance abuse program
- YWCA, Bremerton/Port Orchard** 360-479-0522  
 -24 Hr. Hotline 800-500-5513  
[ywcakitsap.org](http://ywcakitsap.org)
- ALIVE shelter for women and children who are victims of domestic violence.
  - Legal advocacy, support groups and youth services

## **TECHNOLOGY/LITERATURE**

- AbleNet, Inc** 800-322-0956  
[ablenetinc.com](http://ablenetinc.com)
- Products and services for people with disabilities
- Apple Computer, Inc** 877-204-3930  
[apple.com/accessibility](http://apple.com/accessibility)
- Innovative solutions for people with disabilities
- Brookes Publishing** 800-638-3775  
[brookespublishing.com](http://brookespublishing.com)
- Resource for texts, videos, guidebooks, curricula, and tools based on research in disabilities, child development and education.
- Center for Applied Special Technology** 781-245-2212  
[cast.org](http://cast.org)
- Diglo.com** 800-825-6758
- Products for people who are deaf or hard of hearing.
- Enabling Devices** 800-832-8697  
[enablingdevices.com](http://enablingdevices.com)
- Products for deaf and hard of hearing
- Hearing, Speech, and Deafness Center (HSDC)** 206-323-5770  
[hcdc.org](http://hcdc.org)
- Communication devices for the deaf and hard of hearing
  - ALD for conferences and meetings
- Job Accommodation Network** 800-526-7234

askjan.org

- Information on adaptive devices, accommodations, and ADA for the workplace

**Northwest Access Fund** 206-328-5116

nwaccessfund.org

- Provides assistive technology loans for Washington residents.

**Washington Assistive Technology Act Program** 800-214-8731

watap.org

- Research, education, and advocacy related to assistive technology and accessible information systems.

## **TRANSPORTATION**

**Angel Flight West** 888-426-2643

angelflightwest.org

- Free medical transportation for people in need

**Around the Sound Transportation Specialist** 253-858-7088

atstrans.org

- Door-to-door service, wheelchair accessible vehicles
- Medicaid, private pay, group trips and excursion services available
- Serves Kitsap, Jefferson, Clallam, King, Pierce, and Mason counties.

**Kitsap Transit** 360-377-2877

kitsaptransit.org

60 Washington Ave, Suite 200, Bremerton, WA 98337

**Kitsap Transit Access Reservations** 360-479-7272

60 Washington Ave, Suite 200, Bremerton, WA 98337 | kitsaptransit.org

- Door-to-door bus service for individuals with disabilities, at a discount rate; monthly bus passes

**Paratransit Services** 360-377-7176

4810 Auto Center Way, Bremerton WA 98312 | paratransit.net

- Door-to-door wheelchair and special needs transportation

## **VOLUNTEERS**

**Lutheran Community Services NW** 253-722-5695

645 4th St., Suite 202, Bremerton WA 98337 | lcsnw.org

- RSVP – senior volunteers, 55 and over
- Senior outreach services/adult day care

**Volunteer Action Center, United Way** 360-377-8505

645 4th St., Bremerton WA 98337 | unitedwaykitsap.org

**Volunteer Chore Service** 360-362-1391

250 S Cambrian Ave, Bremerton WA 98312 | ccsw.org

- Assist low-income elderly and disabled in their homes
- Provides services such as house cleaning, transportation, yard care, home repair,



etc.

## **WASHINGTON STATE/NATIONAL ADVOCACY/DISABILITY SUPPORT**

<b>Alexander Graham Bell Association For the Deaf and Hard of Hearing</b>	agbell.org	202-337-5220
<b>American Association on Intellectual and Developmental Disabilities</b>	aamr.org	202-387-1968
<b>American Council of the Blind National Office</b>		800-424-8666
<b>American Speech-Language-Hearing Association Action Center</b>	asha.org	800-638-8255
<b>Arc of the United States</b>	thearc.org	800-433-5255
<b>Arc of Washington State</b>	arcwa.org	360-357-5596
<b>Association of People Supporting Employment First (APSE)</b>	apse.org	301-279-0060
<b>Autistic Self Advocacy Network (ASAN)</b>	autisticadvocacy.org	
<b>Autism Society of America</b>	autism-society.org	800-328-8476
<b>Autism Society of Washington</b>	autismsocietyofwa.org	888-279-4968
<b>Batten's Disease Support Research Association Toll Free</b>	bdsrafoundation.org	800-448-4570
<b>Boys Town, National Research Hospital</b>	boystownhospital.org	800-448-3000
<b>Babyhearing.org</b>		531-355-1234
<b>Brain Injury Association</b>	biausa.org	800-444-6443
<b>Brain Injury Association of WA</b>	biawa.org	206-467-4800
<b>Children's Tumor Foundation</b>	ctf.org	800-323-7938
<b>Cleft Palate Foundation</b>	cleftline.org	800-242-5338
<b>Cornelia de Lange Syndrome Foundation</b>	cdlsusa.org	800-753-2357
<b>Cystic Fibrosis Foundation</b>		800-344-4823

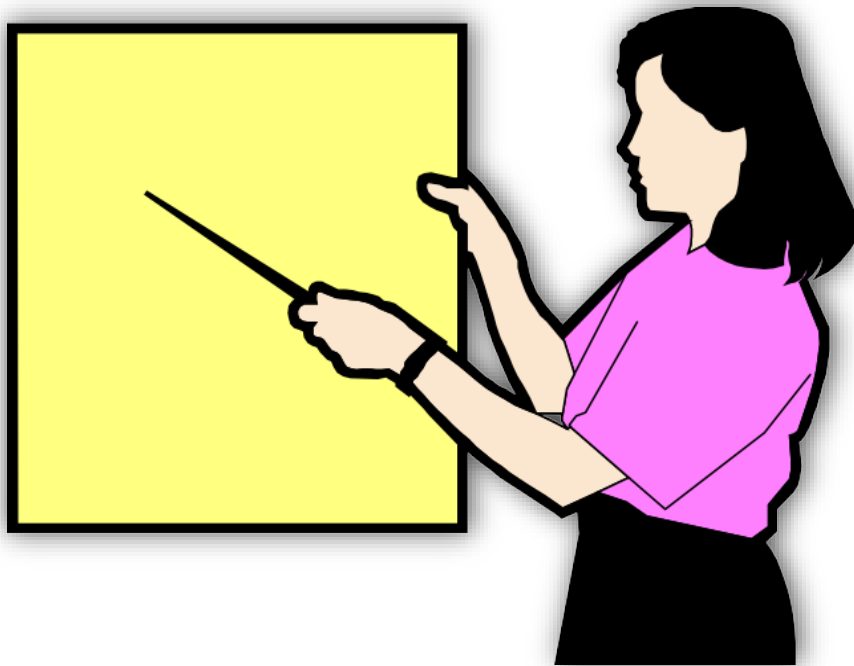
	cff.org	
<b>Media Program</b>		800-237-6213
	dcmp.org	
<b>Devereux Foundation</b>		800-345-1292
	devereux.org	
<b>Disability Rights Washington</b>		800-562-2702
	disabilityrightswa.org	
• Advocacy, legal information		
<b>Epilepsy Foundation Washington</b>		206-487-4189
	epilepsy.com/local/Washington	
<b>Family to Family Health Information Center</b>		800-572-7368
	familyvoices.org	
• Information and referral about special health care needs		
<b>Genetic Counseling</b>		
• Children's Hospital & Medical Centers, Seattle		866-987-2000
	seattlechildrens.org	
• University Hospital, Seattle		206-598-3300
	uwmedicine.org	
• Mary Bridge Children's Hospital, Tacoma		253-403-4473
	multicare.org	
<b>Governor's Committee on Disability Issues and Employment</b>		360-890-3774
	governor.wa.gov	
<b>HIV and AIDS Hotline</b>		800-232-4636
	cdc.gov/HIV	
<b>Human Growth Foundation</b>		844-661-5550
	hgfound.org	
<b>Hydrocephalus Association</b>		888-598-3789
	hydroassoc.org	
<b>International Association of Assistance Dog Partners</b>		888-544-2237
	iaadp.org	
<b>International Rett Syndrome Foundation</b>		
Information and Resources		800-818-7388
	rettsyndrome.org	
<b>Job Accommodation Network</b>		800-526-7234
	askjan.org	
• Information on adaptive devices, accommodations, ADA for the workplace		
<b>Journey Care Grief Support</b>		224-770-2273
	journeycare.org	
<b>Learning Disabilities Association (LDA) of WA</b>		
Information and Referral		425-882-0820
	ldawa.org	
<b>Lyme Disease Foundation</b>		
Info Hotline		860-454-8909
	lyme.org	
<b>March of Dimes Birth Defects Foundation</b>		888-663-4637

marchofdimes.org

<b>National Association for Parents of Children with Visual Impairments</b>	lionsvisionresource.org	800-562-6265
<b>National Down Syndrome Congress</b>	ndsccenter.org	800-232-6372
<b>National Down Syndrome Society</b>	ndss.org	800-221-4602
<b>National Easter Seal Society, Inc</b>	easterseals.com	800-221-6827
<b>National Institute of Health</b>	nih.gov	301-496-4000
<b>National Institute of Neurological Disorders and Stroke</b>	ninds.nih.gov	800-352-9424
<b>National Multiple Sclerosis Society</b>	nationalmssociety.org	800-344-4867
<b>National Organization for Albinism</b>	albinism.org	800-473-2310
<b>National Organization for Rare Disorders, Inc</b>	rarediseases.org	617-249-7300
<b>National Organization on Fetal Alcohol Syndrome</b>	nofaswa.org	800-270-4849
<b>National Rehabilitation Information Center</b>	naric.com	800-346-2742
<b>National Reyes Syndrome Foundation</b>	reyessyndrome.org	800-233-7393
<b>National Spinal Cord Injury Network International</b>	spinalcordinjury.org	800-548-2673
<b>National Tuberos Sclerosis Complex Alliance</b>	tsaalliance.org	800-225-6872
<b>People First of WA</b>	peoplefirstofwashington.org	253-999-7222
<b>Self-Advocates of Washington Kitsap County</b>	P.O. Box 6513, Tacoma WA 98464 wearesaw.org	253-571-8665
<ul style="list-style-type: none"><li>• Self-advocacy groups for people with developmental disabilities</li><li>• Contact: Shannon Carlson</li></ul>		
<b>Self-Advocates in Leadership (SAIL)</b>	sailcoalition.org	888-754-8798
<ul style="list-style-type: none"><li>• A coalition of people with developmental disabilities shaping public policy</li></ul>		
<b>Sickle Cell Disease Association of America</b>	sicklecelldisease.org	800-421-8453
<b>The Stuttering Foundation</b>		800-992-9392

<b>TASH</b>		202-817-3264
	tash.org	
	<ul style="list-style-type: none"><li>International membership association promoting equity, opportunity, and inclusion for people with developmental disabilities</li></ul>	
<b>Tourette's Syndrome Association</b>		866-289-9637
	tsa-usa.org	
<b>Trips, Inc</b>		800-686-1013
	tripsinc.com	
	<ul style="list-style-type: none"><li>All-inclusive vacation packages for travelers with developmental disabilities</li></ul>	
<b>U.S. Department of Justice, ADA Homepage</b>		800-514-0301
<b>U.S. Department of Justice, Equal Employment Opportunity Commission, (EEOC)</b>		800-669-4000
	eeoc.gov	
	<ul style="list-style-type: none"><li>Interprets and enforces employment regulations of the ADA.</li></ul>	
<b>U.S. Department of Labor</b>		202-693-3844
	disability.gov	
	<ul style="list-style-type: none"><li>Information to promote an inclusive workforce and increase employment opportunities for people with disabilities.</li></ul>	
<b>Washington Assistive Technology Act Program (WATAP)</b>		800-214-8731
	watap.org	
	<ul style="list-style-type: none"><li>Resources and expertise to obtain the technology and related services needed for employment, education, and independent living.</li></ul>	
<b>Washington Department of Services for the Blind</b>		206-906-5500
	dsb.wa.gov	
	<ul style="list-style-type: none"><li>Vocational rehabilitation, training, independent living program, assistive technology training, family services</li></ul>	
<b>Washington PAVE</b>		253-565-2266
	wapave.org	
	<ul style="list-style-type: none"><li>Support for parents of children with special needs</li><li>Parent training program</li></ul>	
<b>Washington Prescription Drug Program (WPDP)</b>		
	hca.wa.gov	
<b>Washington Sensory Disabilities Services</b>		360-947-3297
	wsds.wa.gov	
	<ul style="list-style-type: none"><li>Deaf/hard of hearing, blind/visually impaired, deaf/blind</li></ul>	
<b>Washington State Developmental Disabilities Council</b>		800-634-4473
	2600 Martin Way, Suite F, Olympia WA 98504-8314   ddc.wa.gov	
	<ul style="list-style-type: none"><li>Legislative information, grants, education</li></ul>	
<b>Washington State Father's Network</b>		425-653-4286
	fathersnetwork.org	
	<ul style="list-style-type: none"><li>Support, information, resources for fathers of children with health care needs</li></ul>	

# The ABC's



## of DD

**A listing of frequently used**

# Acronyms and Phrases

## ACRONYMS

### A...

AAMC	Association of American Medical Clinics
AAMC	Association of American Medical Colleges
AAPCC	Adjusted Average Per Capita Cost
AAMD	American Association of Mental Development
AAPS	American Association of Physicians and Surgeons
AASA	Aging and Adult Services Administration
ACCH	Association for the Care of Children's Health
ACHS	Association of Counties of Human Services
ADA	American Dental Association
ADA	American Dietetic Association
ADA	Americans with Disabilities Act
ADD	Attention Deficit Disorder
ADHD	Attention Deficit-Hyperactive Disorder
ADL	Activities of Daily Living
AES	Adult Employment Service
AGPA	American Group Practice Association
AHA	American Hospital Association
AHCPR	Agency for Health Care Policy and Research
AHEC	American Health Education Center
AIDS	Acquired Immune Deficiency Syndrome
ALIVE	Alternatives to Living in a Violent Environment
AMA	American Medical Association
ANA	American Nurses Association
ANHA	American Nursing Homes Association
AOA	American Optometric Association
AOA	American Osteopathic Association
APA	Administrative Procedures Act
APA	American Pharmaceutical Association
APHA	American Protestant Hospital Association
APHA	American Public Health Association
APS	Adult Protective Services

ARC	Advocacy for the Rights of Citizens with Disabilities
ARNP	Advanced Registered Nurse Practitioner
ASHA	American Speech and Hearing Association
ASTHO	Association of State and Territorial Health Officials

**B...**

BARS	Budgeting, Accounting and Reporting System— <i>DSHS accounting code</i>
BHP	Basic Health Plan
BHP/Plus	Basic Health Plan for eligible children

**C...**

CA	Comprehensive Assessment
CACFP	Child and Adult Care Food Program
CAP	Client Assistance Program ( <i>Division of Vocational Rehabilitation</i> )
CBO	Congressional Budget Office
CCF	Congregate Care Facility
CCHP	Consumer Choice Health Plan
CCR&R	Childcare Resource and Referral
CCS	Catholic Community Services
CCU	Coronary Care Unit
CD	Communication Disorders
CDC	Centers for Disease Control and Prevention
CDS	Communication Disorders Specialist— <i>now SLP</i>
CEC	Council for Exceptional Children
CFC	Combined Federal Campaign
CFR	Code of Federal Regulations
CHADD	Children and Adults with Attention Deficit Disorder
CHAMPUS	Civilian Health and Medical Program of the Uniformed Services
CHC	Community Health Center
CHDD	Center on Human Development and Disabilities
CHMC	Children's Hospital and Medical Center
CHP	Comprehensive Health Planning
CI	Community Inclusion Services
CME	Continuing Medical Education
CMHC	Community Mental Health Center
CMP	Comprehensive Medical Plan
COB	Coordination of Benefits
COG	Council of Governments
CON	Certificate of Need

COTH	Council of Teaching Hospitals
CP	Cerebral Palsy
CPA	Certified Public Accountants
CPHA	Commission on Professional and Hospital Archives
CPI	Consumer Price Index
CPR	Cardio-Pulmonary Resuscitation
CPS	Child Protective Services
CSHCN	Children with Special Health Care Needs
CSO	Community Service Office ( <i>DSHS</i> )

### **D...**

(D)HHS	Department of Health and Human Services
DCD	Department of Community Development
DCFS	Division of Children and Family Services ( <i>DSHS</i> )
DD	Developmental Disabilities
DD	Developmentally Disabled
DD	Developmentally Delayed
DDA	Developmental Disabilities Administration
DDC	Developmental Disabilities Council
DDS	Doctor of Dental Surgery
DMA	Division of Medical Assistance
DME	Durable Medical Equipment
DMH	Division of Mental Health
DOD	Department of Defense
DOH	Department of Health
DOVIA	Directors of Volunteers in Agencies
DPH	Department of Public Health
DRG	Diagnosis-Related Group
DRW	Disability Rights Washington
DSHS	Department of Social and Health Services
DV	Domestic Violence
DVR	Division of Vocational Rehabilitation ( <i>DSHS</i> )

### **E...**

E&D	Evaluation and Diagnosis
ECDAW	Early Childhood Development Association of Washington
ECEAP	Early Childhood Education and Assistance Program
ECF	Extended Care Facility
EEG	Electroencephalogram
EFM	Exceptional Family Member Program ( <i>Military</i> )



EKG	Electrocardiogram
EMS	Emergency Medical Services
EPSDT	Early and Periodic Screening, Diagnosis and Treatment Program
ER	Emergency Room
ERSA	Employee Retirement Income Security Act
ESD	Educational Service District
ESY	Extended School Year

**F...**

FAE	Fetal Alcohol Effect
FAS	Fetal Alcohol Syndrome
FAH	Federation of American Hospitals
FAPE	Free Appropriate Public Education
FDA	Food and Drug Administration
FEHBP	Federal Employees Health Benefits Program
FICA	Federal Insurance Contributions Act
FNP	Family Nurse Practitioner
FPL	Federal Poverty Level
FRC	Family Resource Coordinator ( <i>for children birth to three</i> )

**G...**

GIA	Grant-in-Aid
GP	General Practitioner

**H...**

HHS	Department of Health and Human Services
HCBS	Home and Community Based Services Waivers (DSHS)
HI	Health Impaired
HI	Hearing Impaired
HIAA	Health Insurance Association of America
HMO	Health Maintenance Organization
HOH	Hard of Hearing
HRC	Holly Ridge Center ( <i>provider</i> )
HRSA	Health Resources and Services Administration
HSA	Health Service Area
HSA	Health Systems Agency
HUD	Housing and Urban Development ( <i>federal</i> )
HWD	Healthcare for Workers with Disabilities

**I...**

I&R	Information and Referral
ICAP	Inventory for Client and Agency Planning
ICC	Interagency Coordinating Council
ICF	Intermediate Care Facility
ICU	Intensive Care Unit
I/DD	Intellectual/Developmental Disability
IDEA	Individuals with Disabilities Education Act
IDF	Immune Deficiency Foundation
IEP	Individualized Education Plan
IFSP	Individual Family Service Plan
IHP	Individual Habilitation Plan
IOM	Institute of Medicine of the National Academy of Sciences
IPP	Individual Program Plan
IQ	Intelligence Quotient
IRWE	Income-Related Work Expense
ISE	Individual Supported Employment
ISP	Individual Service Plan
ITA	Involuntary Treatment Act
ITEIP	Infant Toddler Early Intervention Program
ITP	Individual Training Plan
ITP	Individual Transition Plan
<b>J...</b>	
JAMA	Journal of American Medical Association
JCAHO	Joint Commission on Accreditation of Healthcare
JTPA	Job Training Partnership Act of 1982 ( <i>the manpower and training programs for youth and adults which are funded by the law</i> )
JWOD	Javits Wagner O'Day Act
<b>K...</b>	
KC	Kitsap County
KICC	Kitsap Interagency Coordinating Council
KMH	Kitsap Mental Health
KSAC	Kitsap Sexual Assault Center
KTSS	Kitsap Tenant Support Services ( <i>provider</i> )
<b>L...</b>	
L-TC	Long-Term Care
LD	Learning Disabled
LD	Learning Disability

LDA	Learning Disability Association
LEA	Local Education Agency
LICWAC	Local Indian Child Welfare Advisory Committee
LOS	Length of Stay
LPN	Licensed Practical Nurse
LRE	Least Restrictive Environment
LVN	Licensed Vocational Nurse

**M...**

MAA	Medical Assistance Administration
MAAC	Maximum Allowable Actual Charge
MAF	Medical Assistance Facility
MAP	Medical Audit Program
MCAT	Medical College Admission Test
MCH	Maternal and Child Health program
MCO	Managed Care Organization
MD	Medical Doctor
MD	Muscular Dystrophy
MDT	Multiple Disciplinary Team
MH	Mental Health
MIHCP	Medically Intensive Home Care Program
MMIS	Medicaid Management Information System
MPC	Medicaid Personal Care
MRI	Magnetic Resonance Imaging
MS	Multiple Sclerosis
MSA	Metropolitan Statistical Areas
MSW	Master of Social Work

**N...**

NACo	National Association of Counties
NAEYC	National Association for the Education of Young Children
NARI	Northwest Association of Rehabilitation Industries
NCA	National Council on Aging
NCHS	National Center for Health Statistics
NCHSR/HCTA	National Center for Health Services Research/Health Care Technology Assessment
NDT	Neurodevelopment Treatment
NF	Nursing Facility
NGA	National Governor's Association
NHIS	National Health Interview Survey

NHSC	National Health Service Corps
NICU	Neonatal Intensive Care Unit
NIH	National Institute of Health
NIMH	National Institute of Mental Health
NIOSH	National Institute of Occupational Safety and Health
NISH	National Institute for Severely Handicapped
NLM	National Library of Medicine
NP	Nurse Practitioner
NPRM	Notice of Proposed Rulemaking

**O...**

OBRA	Omnibus Budget Reconciliation Act of 1987 ( <i>provides funding for people in need of nursing home care or equivalent services</i> )
OCR	Office of Civil Rights
OESD	Olympic Educational Service District
OFM	Office of Financial Management
OI	Orthopedically Impaired
OJT	On-the-Job Training
OMB	Office of Management and Budget
OPD	Outpatient Department
OPPFM	Office of Program Planning and Fiscal Management
ORDA	Office of Research and Data Analysis
OSEP	Office of Special Education Programs
OSERS	Office of Special Education and Rehabilitation Services
OSPI	Office of the Superintendent of Public Instruction
OT	Occupational Therapist
OT	Occupational Therapy
OTR	Licensed and Registered Occupational Therapist

**P...**

PA	Physician's Assistant
PA	Public Assistance
PAC	Parent Advisory Committee
PASS	Plan for Achieving Self Support
PCAP	Parent Child Assistance Program
PAVE	Partnerships for Action, Voices for Empowerment
PBSP	Positive Behavior Support Plan
PCP	Primary Care Physician
PHN	Public Health Nurse
PKU	Phenylketonuria

PL	Public Law
PPA	Preferred Provider Arrangement
PPO	Preferred Provider Organization
PPRC	Physician Payment Review Commission
PT	Physical Therapist
PT	Physical Therapy
PTA	Parent Teacher Association
PTI	Parent Training and Information Center
PTSS	Post Traumatic Stress Syndrome

### **R...**

R&D	Research and Development
RCW	Revised Code of Washington
REW	Rehabilitation Enterprises of Washington
RHC	Residential Habilitation Center
RN	Registered Nurse
RPT	Registered Physical Therapist
RSAS	Rehabilitation Services Accreditation System
RSN	Regional Support Network/Mental Health Region
RSVP	Retired Seniors Volunteer Program

### **S...**

S.A.F. E	Schools Are For Everyone
SAMSHA	Substance Abuse and Mental Health Services Administration
S.A.N.E.	Sexual Assault Nurse Examiner
SAVI	Sexual Assault Victim Intervention ( <i>military</i> )
SCAN	State-Controlled Area Network
SCH	Sole Community Hospital
SE	Supported Employment
SEA	State Education Agency
SEAC	Special Education Advisory Council
SEPAC	Special Education Parent/Professional Advisory Council
SGA	Substantial Gainful Activity (SSA)
SLD	Specific Learning Disability
SLP	Speech-Language Pathologist
SLS	Supported Living Services
SNF	Skilled Nursing Facility
SPI	Superintendent of Public Instruction
SSA	Social Security Administration
SSDI	Social Security Disability Income

SSI	Supplemental Security Income
SSP	State Supplementary Payment
STD	Sexually Transmitted Disease
STOMP	Specialized Training of Military Parents
SW	Social Work/ Social Worker
<b>T...</b>	
TA	Task Analysis
TANF	Temporary Assistance to Needy Families
TARP	Technical Assistance for Parents and Teachers
TASH	The Association for Persons with Severe Handicaps
TBI	Traumatic Brain Injury
TDD	Telecommunication Device for the Deaf
TS	Tenant Support
TT/TTY	Telephone Typewriter
TXIX	Title 19 ( <i>Medicaid funding through the Social Security Act</i> )
<b>U...</b>	
UCP	United Cerebral Palsy
UW	United Way
<b>V...</b>	
VA	Veterans Administration
VI	Visually Impaired
VR	Vocational Rehabilitation
<b>W...</b>	
WAC	Washington Administrative Code
WACD	Washington Association for Citizens with Disabilities
WARI	Washington Association of Rehabilitation Industries
WAIS	Weschler Adult Intelligence Scale
WISC	Weschler Intelligence Scale for Children
WIC	Women, Infants and Children ( <i>supplemental food program</i> )
WISE	Washington Initiative for Supported Employment
WSMC	Washington State Migrant Council

## **COMMONLY USED PHRASES AND WORDS**

### **A...**

Acute Illness—An illness that has occurred suddenly and may be serious.

Activities of Daily Living (ADL)—Behaviors necessary for self-care. Adaptive Behavior—Use of basic skills in daily life activities.

Adult Service Agency—Federal, state or locally funded agency (with written policies and procedures) that provides services to adults and children (i.e., Developmental Disabilities

Administration (DDA); Division of Vocational Rehabilitation (DVR); Women, Infants and Children (WIC); Employment Security, etc.).

Ambulatory Care—Health services that are provided without an overnight stay in a health-care facility.

Ancillary Services—Miscellaneous tests, such as laboratory or radiological exams.

Assistive Technology Device—Any item or piece of equipment that is useful to increase, maintain, or improve abilities of individuals with disabilities.

### **B...**

Basic Health Plan (BHP)—Managed care plan available through the State of Washington to any individual or family. Premiums can be subsidized by the state, based on income, and need.

Basic Health Plan/Plus (BHP/Plus)—Basic Health Plan for eligible children that provides its benefits through Healthy Options/ Medicaid.

### **C...**

Case Management—The process of having a person's health-care needs coordinated by using an ongoing plan.

Case Manager—Individual who arranges services, ensures that clients progress through the process, completes reviews, and (may) maintain fiscal responsibility.

Coinurance—A percentage (often 20%) that an insured person pays for a visit to a physician or other health care provider, a hospital stays or treatment.

Community Based Programs—Programs for individuals with disabilities that are located within the individual's community.

Community Resources—Public or private agencies, schools or programs offering services to people.

Concurrent Review—A review by an insurer at the time of service to verify that a patient needs continued inpatient care.

Copayment—A fixed dollar amount the recipient pays for health-care services at the time of receiving the service.

Curriculum-Based Vocational Assessment (CBVA)—Various tests to determine the career development and vocational instruction needs of students based on preferences in course content and curriculum; identification of students'

career/vocational strengths and weaknesses.

**D...**

Deductible—The amount of money an insured person pays for services before the insurer starts paying the bill.

Diagnosis—Identification of a disease producing a specific condition.

Diagnostic Services—Procedures to determine the presence of a health condition.

Durable Medical Equipment (DME)—A long-lasting medical supply, such as a wheelchair.

**E...**

Elective Procedure—A procedure that isn't an emergency and that a patient and doctor plan in advance.

Emergency—An injury or acute medical condition likely to cause death, disability, or serious illness if not attended to very quickly.

Exclusions—Health conditions that an insurance policy specifically doesn't cover.

**F...**

Functional Living Skills Assessment—Skills, interests, and values related to functioning in the home and community.

**G...**

Gainful Employment—Includes employment in one of the following: Competitive labor market or supported employment. Work is performed for living wage and typical benefits.

Gatekeeper—The person who controls a patient's access to health-care services, whether as a case manager or a primary-care provider. Typically, this person must approve all uses of health-care services.

**H...**

Habilitation—a process aimed at helping individuals with disabilities to attain, keep, or improve skills and functioning for daily living.

Healthcare for Workers with Disabilities (HWD)—Medicaid buy-in program for workers with disabilities.

Health Maintenance Organization (HMO)—An entity that provides, offers, or arranges for coverage of designated health services needed by plan members for a fixed, prepaid premium.

Health Plan—The set of services in an insurance policy for health care.

Health Plan Employer Data and Information Set—A standardized report used to compare and evaluate HMO's.

**I...**

Independent Living Skills—Basic skills needed to meet the challenges of daily living, in



the least restrictive environment.

Individualized Transition Plan (ITP)—A plan which includes long-term goals and short-term objectives, including a) timelines, b) measurable expected outcomes, and c) identification of persons who are responsible for teaching and monitoring the plan to ensure that the goals and objectives are met.

Inclusive Work Setting—work setting of a typical community business in which employees earn at or above minimum wage.

Inpatient—A patient who stays in a hospital overnight.

## **J...**

Job Analysis—Job analysis identifies and describes a) what the worker does; b) how the work is done; c) results of the work; and d) the worker's characteristics.

Job Coach—Provides individualized one-to-one assistance in job placement, travel training, skill training at the job site, ongoing assessments, and long-term assessment.

Job Development Specialist—An individual who contacts businesses and industries for the purpose of placing individuals in competitive employment or on-the-job training sites.

## **L...**

Lifetime Maximum—The total amount that an insurance policy will pay out for medical care during the lifetime of a policy holder.

## **M...**

Managed Care—A term used to describe strategies of health-care plans to control costs by monitoring services and providers used for fees charged.

Maximum Out-of-Pocket Cost—The maximum amount of money a member will have to pay from his or her own funds for deductibles, copayments, or other expenses.

Medically Necessary—Services required to prevent harm to the patient or to the patient's quality of life.

## **N...**

Non-Participating Provider—A provider who isn't part of a specific health plan.

## **O...**

Outcome Oriented—A measurable skill at the end of a set period of training.

## **P...**

Placement Specialist—Professional who assists in job placement.

Pre-Admission Review—A review undertaken by a health plan that happens before a patient enters a hospital to determine if the admission is necessary and appropriate.

Pre-Certification—Similar to pre-admission review but requires a certificate or authorization from the patient's health plan.

Pre-Existing Condition—A health condition that a person has that an insurance policy specifically excludes from coverage or that prevents the person from qualifying for insurance.

Preventive Care—Health care that stresses healthy behavior, regular testing,

screening for diseases, and other services that detect diseases early or prevents them from occurring.

Primary Care—First-level or generalist care that a person receives outside a hospital.

Primary Care Physician (PCP)—The health-care provider a person most commonly calls first when a problem arises.

Prior Authorization—A cost-control procedure in which an insurer requires a service or medication to be approved in advance for coverage.

Provider—A person or an agency/organization that delivers a service.

## **R...**

Referral—When one health-care provider suggests you visit another one for the purpose of further evaluation and treatment.

## **S...**

Screening Test—A procedure to determine if a person has a certain medical condition.

Secondary Care—Care, often provided in hospitals and long-term facilities, that makes more use of caregivers with specialized training than does primary care.

Self-Referral—When a health-care provider stands to benefit financially from referring a patient to another provider for care.

Service Area—The geographic area a health plan serves.

Social Security Disability Insurance (SSDI)—benefits provided to disabled and blind individuals who are “insured” by workers’ contributions to the Social Security Trust. The worker’s widower or worker’s adult child with a disability may also receive a benefit.

Specialist—A physician whose training focuses on a particular area beyond the general training for all physicians.

Supported Employment—Paid employment for individuals with intellectual/developmental disabilities. All supported employment services provide job site support in a typical community business.

Supplemental Security Income (SSI)—cash assistance program to aged, blind and individuals with disabilities including children under 18 who have limited income and resources.

## **T...**

Task Analysis (TA)—The breakdown of a particular job into its component work activities.

Tertiary Care—Highly specialized care for severe health problems.

## **U...**

Utilization Management—The process health plans and insurers use to make sure the kind of treatment and care recommended for a patient is necessary and appropriate.

**Thank You . . .**

**To the Kitsap County Board of Commissioners  
for their support of persons with intellectual and  
developmental disabilities in Kitsap County.**

**To the members of the Kitsap County  
Developmental Disabilities Advisory Board for  
their support.**

**And to the Kitsap County Developmental  
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completing this guide and distributing it to those  
that most need this information.**

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